

197E QATER 1958

YEARBOOK ON THE 65TH GRADUATION ANNIVERSARY OF THE HARVARD MEDICAL SCHOOL CLASS OF 1958 [updated 5/12/23]

Organizers David Satin, editor **Howard Corwin** Elliott Miller

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Invitation

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Responses

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THE INVITATION

1/3/23

To members of the HMS class of 1958 and interested surviving partners of deceased members:

The veterans of HMS '58 have reached an age at which experience has helped convert intelligence toward wisdom. It would be enriching and bring us closer to share the wisdom of this talented and privileged company. Since HMS does not support reunions and Red Books (yearbooks) beyond 60 years after graduation, we are free to arrange them for ourselves. This is an undertaking separate from the HMS Development Office and entails no monetary charges. We are exploring creating a yearbook via internet at no cost.

Please consider sharing the topics suggested below. Feel free to expand and adapt your contribution to fit your own life experience and your comfort in sharing. If you will, tell more about yourself than simple facts for we all care about each other. We will be grateful for your gift.

Please use the attached information form for your response. Please fill out the form on computer in Microsoft Word format, preferably using Geneva 12 point type. Answers to items 1-23 should total a maximum of five pages; answer to item 24 should total one page. It should be e-mailed to both hcorwinmd@icloud.com

David satin@hms.harvard.edu

Please respond within one month from the date of this letter—by February 1.

We are inviting participation from surviving members of HMS 58 as well as surviving interested partners who can speak for their deceased class members. Submissions will be entered in the yearbook exactly as contributed without undue urging or editing. This yearbook will be accessible only to surviving class members and interested partners of deceased members. Participation will imply agreement to these policies.

We look forward to sharing our experience.

<u>Organizers</u> David Satin, editor Howard Corwin Elliott Miller

THE RESPONSES

Anthonisen Nicholas <nanthon@mymts.net> Barlow John/Anne <<u>abaarlow@aol.com</u>> Blume Sheila <<u>sheila.b.blume@gmail.com</u>> Bryan John S. Jr Burnett Joseph < <u>josephwburnett@gmail.com</u>>

CALDWELL PETER pcjw@fairpoint.net

IDENTITY



With my son Dylan Caldwell

Peter Caldwell pcjw@fairpoimt.net

- 4. Living with second wife of 50 years.
- 5. 24 Schultz Hill Road Pine Plains, NY 12567
- 7. My career in medicine (1954-1996) January 1, 2023

In college (1950-54) I majored in English and decided to also take the required courses and apply to medical school. In 1954 I enrolled in Harvard Medical School (1954-58) I did residency training on the Columbia Medical service at Bellevue Hospital in New York. Andre Cournand and Dickinson Richards had shared the Nobel Prize in 1957 for the development of cardiac catheterization and the studies of cardiorespiratory illness. This was my introduction to clinical research. I elected to take a third year of residency at University of Utah (1960-61) for the skiing and because a prominent hematologist (Maxwell Wintrobe) headed the Department there. I returned to the Cardio-Respiratory Laboratory at Bellevue for my first year of fellowship (1961-62) and really got excited about research. Fortunately, for my mandatory service requirement I was assigned by the U.S. Air Force to the Aerospace Medical Research Laboratories at Wright Patterson Air Force Base (1962-64) and was able to lead an investigation of the deleterious effects of breathing pure oxygen, the gas configuration for the first space vehicles of the Air Force and NASA. I arranged for the lab to collaborate with Ewald Weibel and Gonzague Kistler in Zurich to do morphometric studies of the time course of damage to the lungs.

I returned to the Bellevue lab as an Instructor in Medicine of the College of Physicians & Surgeons. I studied oxygen equilibrium of blood in disease; pulmonary heat exchange in disease and with Harry Fritts developed a dog model of granulomatous lung disease and showed how the presence of the disease increased oxygen consumption in the lung, resulting in an error of the measurement of cardiac output by the Fick method. When Columbia University left Bellevue in 1967-68 I was recruited to go to The Presbyterian Hospital and the College of Physicians & Surgeons. I continued studies of the oxygen equilibrium of blood and hemoglobin and collaborated with Ronald Nagel at the Albert Einstein College of Medicine during a Sabbatical Leave (1973-74). We showed ligand interactions of 2,3diphosphoglycerate and carbon dioxide on the hemoglobin's affinity for oxygen. I collaborated with Jonathan and Beatrice Wittenberg to study the role of myoglobin in oxygen transport in muscle. I also began collaboration with Richard Soffer to purify angiotensin converting enzyme (ACE) from rabbit lung tissue. We raised antibodies to the purified enzyme and demonstrated its vascular endothelial localization in 1976. In vivo studies showed that injection of antibodies to ACE caused immediate, fatal

pulmonary edema. To understand the mechanisms of this injury I collaborated with Irma Gigli at New York University during my second sabbatical leave (1979) and showed that the interaction of antibodies and their divalent F (ab')2 fragments with ACE produced complement activation. Subsequently, I collaborated with Giuseppe Andres at SUNY Buffalo to study this injury in rabbits, and we found that the reaction on the endothelium of the lungs was mediated by the membrane attack complex (MAC) of complement.

I became the Chief of the Pulmonary Division of the Department of Medicine in 1983 and continued in that capacity until my retirement in 1996 as Professor Emeritus of Medicine.

10.Very satisfied

11. Very satisfied

12. I would choose a career in medicine again.

CURRENT LIFE

13. . I served on a committee of the Pine Plains Town Board to draft a Comprehensive Plan for the Town.

14. Very satisfied. Having memory problems now at age 90.

15. I do maintenance work on our property, felling tree, cutting and splitting wood for our fireplace fires that my wife enjoys beginning in the late afternoons in the Winter months.

16. I managed to save \$1.2 million on my Columbia University salary of \$118000/year that I spent on building our home, gifts for my children and tuitions for my five grandchildren.

HEALTH

17. Excellent health status post right hip prosthesis at age 88.

18.1 am beginning to have memory problems, as did my mother in her nineties.

19. No health practioners regularly except for the dentist.

20. 300 mg gabapentin hs for restless legs syndrome.

21. Health care system excellent for those who have access to it.

24. My Pine Plains Saga-revised 12/23/2022

When I returned to New York City to work at Bellevue Hospital on the Columbia Medical Service in 1964, I decided to look for a place in the country because I didn't think I could tolerate being "trapped" in the City on weekends. And I didn't want to live in the suburbs and commute every day to work because I needed to be near the Hospital for on call duty and I didn't view the suburbs as real country. I had 12K from Breakspeare's earnings as a gift from Hopie so I looked in Vermont and made an offer on Pearly Wheeler's 30 acre parcel with his run down house overlooking Woodstock, but the neighbors (St. John's) topped my offer and bought it. I then decided to buy the "Knickerbocker Lot" from Fred Brooks (1903-1968). Johnnie Hanes (JWH) came along as my coach and made an offer of \$12.5K for the 30 acre more or less acre parcel after a discussion with Brooks in which he said that he's just paid \$12K for a new tractor and an artist had offered to pay a \$500 down payment on the Lot. Brooks accepted our offer and JWH's lawyer, Jim Aspbury of Poughkeepsie, contacted some twenty Brooks family members who agreed to give up their claim and allow Fred Brooks to sell the property in exchange for pay outs ranging from \$100 for most family members to \$1000 for a few. This negotiation took until 1967 to play out and in the meantime Gillian was on her way, so we purchased the two neighboring properties in May of 1966; the Bliss house, built in 1850 and known locally as the "old Bruce place" was owned by Dick Bliss, who taught at Bennett Junior College in Millbrook (He was known to me because he got his first job in education as a teacher at the Putney School.) with 1.8 acres for \$21.2K and the Fuchs property, known as the old McGhee homestead, built in 1880 with 50 acres from the Fuchs family, who had tried to run a mink farm there, for \$12K. Susie and I borrowed from JWH for this purchase and for fixing these places up.

We rented the old McGhee homestead to a succession of persons and finally Tom and Judy Allen. In addition, anticipating Bailey's arrival, we built an addition to our house for \$40K in 1969, borrowing again from JWH and from the Stissing National Bank.

When Doctor Kenyon decided to sell his land (about 96 acres) we purchased it in 1970 for \$25K. My purpose was to secure more land around our house and the field in the full view across the road to protect our investment in the house. We had already put in a pond across the road on the Kenyon's land. When we divorced in 1974 Susie kept the apartment at 610 West End Avenue with a \$40K note to JWH and I kept Pine Plains with a \$120K note to JWH. When Dr. Kenyon decided to sell his house, built in 1850, I arranged for Winfield and Sarah Jones to buy it.

After my divorce I went into analysis with Dr. Edith Ross, wife of Dr. Nathaniel Ross. The result was I married Jane Allen Waters in 1979. When Jane and I decided to repay JWH, I first sold the old McGhee homestead with 30 acres to the Allens in 1979 for \$40K, then our house with 68 acres, more or less including the two fields, woodland and swamp land purchased from Byron Kenyon in 1970, to Zalewski in 1981 and in 1982 and the McGhee homestead 20.5 acre parcel to Michel and Caroline (Robb) Zalewski for a total of \$199K, keeping our Knickerbocker lot of 30 acres more or less (27.65 acres). On June 26, 1981 I repaid my 120K debt to John W. Hanes, Sr. and he discharged my debt (Mortgage Satisfaction to John W. Hanes (1892-1989), father of Susan Hanes Caldwell, June 26, 1981. (FMM 2328, p. 920,921 then gave Jane a half interest in the Knickerbocker lot where we proposed to build our dream house designed by Joe Wasserman (Jane's choice). The house was. Built in 1981 with \$50K from Jane's savings, \$40K as a gift from Johnnie and Hopie to pay off two Stissing National Bank mortgages, and the rest (119K) from the proceeds of the property sales to Allen & Zalewski and a new mortgage loan from the Stissing National Bank, which was finally paid off in 1997. Joe estimated the construction cost for the house would be 90K. It turned out to be 180K. The current total expenses for the house are about \$346K. We built the barn in 1998-2000 with \$131K from Hopie Hanes' Estate and the rest from us, total 309K.

In 1990, Jane and I donated a conservation easement on the property to the Dutchess Land Conservancy (DLC) so that it will not be developed beyond what we do. At the time our property was assessed at \$500,000 by L.T. Bookhout, Inc. assessors. The Town assessors "full market value" for the property is \$800,000 in 2014. Ours was the first DLC easement in Pine Plains. The DLC developed out of the concept of Kent Leavitt and his wife's niece Leslie Barclay, both of Millbrook. Land conservation only existed in the Brandywine area of Pennsylvania at the time.

In 2013 Sarah Jones relinquished her easement to repair "a certain spring" on the property, thereby clearing our title, after the highway department transected the lead pipe carrying water to her rock garden pond.

CLINE MARTIN

IDENTITY

1.Current photograph—passport size, jpg or pdf format. At Jakarta airport Set 2022.



2.Name: Martin J Cline

- 3.Preferred e-mail address martincline@gmail.com
- 4. Living arrangement (with spouse, child, alone, etc.). With longterm companion; Dr Karen Mercola (retired physician).
- 5.Residence (Apartment, single home, older adult community, nursing home, etc.). We live in a beautiful single home on 1 1/2 acres of land on the side of a mountain overlooking the Pacific Ocean; located 10 miles north of San Francisco.
- 6. Further thoughts:

RETROSPECTIVE

7.What goals did you have for your life, and what do you think you achieved? Goals: to be an academic clinician/scientist. Self assessment: successful as a clinician/teacher; modestly successful as a scientist. Perhaps my major achievement was guiding the development of erythropoietin when I sat on the scientific advisory board of AmGen in the early 1980s. It had an impact on a large number of people. This action was opportunistic and not part of a well thought out career plan.

8.Looking back, how satisfied are you about your life (check one choice)? Very somewhat fairly X not very very disappointed

9.What made your life better and what made it worse? Better: 1) personal relationships; 2) career satisfaction; 3) finances to be able to pursue interests.. Worse: loss of loved ones (2).

10.How satisfied are you with your career in medicine (check one choice)?? Very X somewhat fairly not very very disappointed

11. How satisfied are you with your medical education at HMS (check one choice)??

Very X somewhat fairly not very very disappointed

12. Further thoughts, including would you choose a medical career again, and reasons: I would chose the same career again. For the most part I loved what I

was doing. I ultimately retired because of my perception of negative changes in the administration of my university medical center. Money became the central theme of its medical practice. Not what I signed up for. As for career satisfaction, I am very proud of several of my students and fellows who went on to accomplish impressive things in Medicine and science.

CURRENT LIFE

13.What activities do you have now (including paid work, volunteer work, recreation, caring for others, community affairs, etc.)? 1) I and my companion care for a large garden with several hundred plant species including many exotics. It is frequently recognized by the Garden Conservancy as an important private garden. 2) International travel with particular emphasis in the last 10 years on the remaining wild places of the planet; e. g., Borneo, Sumatra, Kimodo, Madagascar; the Pantanal, etc. 3) Finance. When I retired from Medicine, I decided to try my hand in another field.

14.How satisfied are you about your life now (check one choice)? Very X somewhat fairly not very very disappointed Although the possibility of a serious illness is always in the air at this age.

15. What in your life brings you most satisfaction now? The three elements listed ABOVE in CURRENT LIFE, plus 4) my relationship with my companion; 5) the success of my son, Eric, who is one of this country's more prominent archaeologists, and 6) the fact that my grandson Max, whom I raised after the death of his parents, is now a second year medical student at Stanford..

16. Further thoughts:

HEALTH

17. How would you rate your overall health now (check one choice)? Excellent good fair X poor terrible

18.What problems do you have now (physical health, mental health, social, mobility, memory, etc.)? I now have a cardiac pacemaker because of what we used to call "sick sinus syndrome." With it, my exercise tolerance is about 80% of premorbid levels. I have metal knees which have worked fine for 20+ years. My short term memory is intact, but if I had to guess, my cognition is also at about 80% of premorbid levels; i.e., I would not like to have to learn a new language at this point in my life.

19.What health practitioners/programs do you see regularly?

A cardiologist every 6-12 months. An ophthalmologist once per year for early stage glaucoma.

- 20.How many medications do you take regularly (prescribed and over-thecounter)? 3: Entresto (an angiotensin blocker); atorvastatin; eyedrops.
- 21. From your experience with your own health, what do think of our health care system (check one choice)?Excellent X for me good X for my socioeconomic class poor X for the majority of Americans.

22.

IDEAS

23. What would you like to learn about your classmates? This questionnaire should suffice.

24. What further ideas, comments, thoughts do you have about your life and life in general? (limit response to one page single spaced)

Cohen Carl < cgc1933@gmail.com> Conovitz Myron <u>mconovitz@aol.com</u> Cooper Richard <u>ironhorseam@aol.com</u>

CORWIN HOWARD < <u>hcorwinmd@icloud.com</u>>

IDENTITY

1. Current photograph—passport size, jpg or pdf format *Howard A. Corwin*



- 2. Name: Howard A. Corwin
- 3. Preferred e-mail address: hcorwinmd@icloud.com
- 4. Living arrangement (with spouse, child, alone, etc.). Describe

Lois Lowry is my companion. We keep in close communication through the internet with our children and see them and our grandchildren at holiday times. Unfortunately Covid issues have kept us apart too much of the time over the last few years.

5. Residence:

My legal residence is in Naples, Florida, a golf club condominium used

6 mos./yr Lois has legal residence in Maine and we are always living together. In Maine we have three homes: (1) Ocean View, a retirement community in Falmouth, very near the Atlantic Ocean and the adjacent city, Portland; (2) An historic farm home (1768) in Bridgton; (3) A lake home in Lovell, looking across the lake at the White Mountains of New Hampshire.

6. Further thoughts: The multiple residences are the result of each of us having had a vacation home in Maine—Lois's farm, and my lake, both in western Maine and mostly utilized in the summer.

RETROSPECTIVE

7. What goals did you have for your life, and what do you think you achieved? The answer to this is quite complex. I can only say that there has been an evolution for specific goals over time. Being a psychoanalyst, there is always an abundance of understanding at virtually every level. I was born in difficult times—1932—well into the depression and in a period of American isolationism and antisemitism. Goals change with age. My parents taught me to deal with a difficult world in a difficult time. I followed WW II and kept a scrapbook every day from December 7th, 1941, until September 2nd, 1945. I was expected to do well in academics, athletics, and social situations. An early adolescent goal would be an Eagle scout to follow my two older brothers, so I became one of the youngest in America. My mother wanted all her children to be doctors, and so we were. She really expected we would start another Mayo Clinic; obviously such expectations (goals) were not possible. It was not a specific goal, but I do know that I always wanted to be on the good side of humanity.

8. Looking back, how satisfied are you about your life (check one choice)? Very X somewhat fairly not very very disappointed

9. What made your life better and what made it worse?

History. Time. Development. Opportunities. Evolution. Luck. Fate. On the most positive side of what made life better were/have been/are two admirable and gifted women—Jeannette Hatfield, my and your HMS classmate and my wife for 52 years; and my subsequent companion, Lois, recognized as one of America's leading writers. My educational opportunities in Millburn-Short Hills, New Jersey, where the high school had inspirational teachers both in science and the humanities. I was fortunate with the scholarships and jobs, which I needed, at both Harvard College and HMS. The college gave me the opportunity to widen my horizons—would I be a journalist (as I was a Crimson news and editorial writer, arrogantly thinking I was a better writer than David Halberstam, a year behind me) a sociologist, or a pure scientist (due to the discovery of the double helix DNA by Watson and Crick) or a doctor?

What made life worse was the tragic illness of our youngest and truly gifted son, Tom. After ten years of remissions and relapses of acute lymphocytic leukemia beginning in 1978, Tommy died shortly after graduating from Harvard College. Without question it changed both Jeannette's and my career academic aspirations. Our family needed our time to come together, and we did.

10. How satisfied are you with your career in medicine (check one choice)?? Very x somewhat fairly not very very disappointed

11. How satisfied are you with your medical education at HMS (check one choice)??

Very x somewhat fairly not very very disappointed I realized that my training at HMS made me think about both the case and the person.

12. Further thoughts, including would you choose a medical career again, and reasons.

I would. I was an intern in internal medicine at the Brigham. I found myself returning to the ward in the evening and talking with the patients after all was done. More and more I realized that the relationship is a necessary part of the treatment. It was then that I decided to go into psychiatry, much as I liked internal medicine.

CURRENT LIFE

13. What activities do you have now (including paid work, volunteer work, recreation, caring for others, community affairs, etc.)?

I have really had two simultaneous careers—one in medicine, and the other in landscape conservation. After finishing my two years of active duty in the U.S. Navy in 1965, I found myself wanting to get back to what I had always loved nature, mountains, forests, lakes, oceans. I shared this with Jeannette who was always at one with the beauty of nature. It took us until 1972 to find the ideal place on Kezar Lake in Lovell, western Maine that was a week-ender in summer and winter. Within a few years I was involved in the Kezar Lake Watershed Association, became its vice-president and then its president. I realized it needed a different approach to maintain the future of this lake and its large surrounding pristine area. In 1985 I was the instigator, one of the founders, and president for twenty years of the Greater Lovell Land Trust in Western Maine. We were responsible for organization of the Maine Land Trust Network and passed Maine state law for prevention and control of the feared and invasive Eurasian Milfoil that became the model for lake protection for many other states. I fought for conservation and preservation on several occasions necessitating winning in the Law Court (Supreme Court in Maine). I am now emeritus in that organization but have never retired from working to preserve Lovell's three watersheds.

- 14. How satisfied are you about your life now (check one choice)? Very x somewhat fairly not very very disappointed
- 15. What in your life brings you most satisfaction now?

The love, companionship, and intellectual relationship with Lois, the continuity in my environmental work, my extended family's warmth and love, the contributions of one son and daughter-in-law to our national and international benefit, and the fulfillment of still being active and creative.

16. Further thoughts:

HEALTH

17. How would you rate your overall health now (check one choice)? Excellent good fair x poor terrible

- What problems do you have now (physical health, mental health, social, mobility, memory, etc.)?
 Physical health: Low sinus syndrome requiring cardiac pacemaker, Ascending aortic aneurysm, Hypertension, Psoriasis, Spinal stenosis, Diffuse interstitial sclerosing hyperostosis, Ocular myasthenia gravis, Glaucoma, periods of severe back pain
- 19. What health practitioners/programs do you see regularly?

Internal medicine, cardiologists, electrocardiology monitors, dermatologist, ophthalmologist

20. How many medications do you take regularly (prescribed and over-the-counter)?

Ten prescribed, five over the counter

21. From your experience with your own health, what do think of our health care system (check one choice)?

Excellent good fair x poor terrible

It is not universal, which it should be. Medicare and Medicaid should be available for all. The care of many patients is deficient. The large hospitals are run like factories and doctors are seen as laborers. To have doctor-patient relationships, patients must have concierge doctors, but only the well-to-do can afford this. The rich can buy their way in for excellent care; the poor cannot. The administrators in hospitals and insurance companies are out for profits and money. Medicine should not be dominated by business people who are out for profit.

22. Further thoughts:

We should never have let capitalists and private insurance companies get into medicine. They are out for profits. Doctors are out, or should be, for the care of the patient. Doctors are or should be humanists.

IDEAS

- 23. What would you like to learn about your classmates? I want to know how they have evolved over the years. I know how I have changed and why.
- 24. What further ideas, comments, thoughts do you have about your life in general? (limit response to one page single spaced)

Before I sat down to respond to this questionnaire, I decided to read what I had written in both my Harvard College and Harvard Medical School Redbooks every five years throughout my adult life. I realized that there was an evolution from my earliest years. I was taught that life was not easy, had purpose and one needed to learn, adapt, have integrity, and do some good. I lived in a very well-to-do "gentlemen's agreement" town where I always had exposure, in addition to my teachers, to people at the top of the world in music, the arts, and sciences. I also knew from early on that I was going to have to save money to go to college. Even

now I can see myself in mid-adolescence working in summers as a barker for gambling games of chance on a New Jersey seashore boardwalk. Once in college I had to supplement my full scholarship and worked as a college librarian. There were other experiences. I can see myself in dredge gold mining in Alaska and shaping up with some renegade laborers. By the time I was 20, I had union cards in three high paying unions: AFOL, UAW-CIO, and Bottled Beer Drivers and Warehousemen. I can see myself working on General Motors production lines and later working beside punch-drunk alcoholic ex-boxers. Even at HMS, I lived and worked for two years as an extern at the Holy Ghost Hospital in Cambridge. For me, being able to have these experiences with people of all types, "top to bottom" from Nobel winners at HMS to the poor, sick, and even criminal—in retrospect I see these as enriching learning experiences.

Now I think back at my good years at HMS and my turning from my internal medicine internship to psychiatric and psychoanalytic training. I think of the great man of infinite wisdom, Yogi Berra, who said, "When you get to a fork in the road, take it." I came to it, Jeannette came to it, and we took it. It was a successful and rewarding career for both of us. From the beginning, I was enormously impressed by Dr. Hermann Blumgart's introductory lecture to us that was our Francis Weld Peabody Care of the Patient lecture. The care of the patient will always be the necessary balance of the science of medicine. Our class will always be remembered for its insisting on the maintenance of the humanistic relationship of doctor and patient and the nobility of the medical profession.

To summarize my life I can only say that I went through many stages, much like those that psychoanalyst Eric Erikson defined. Now I find Lois and myself in the final stage. My remarks in our last few red books turned to my concern regarding the state of our country and the world. Our country and our world need the kind of humanity for which we stand in our world of medicine. We are indeed a noble profession.

EGE. GÜNES

IDENTITY

1 Current photograph—passport size, jpg or pdf format



- Name: current Güneş N. Eğe professionally and on many official documents
 / Güneş N. Eğe-Akter occasionally
 When at HMS if different: Gunes N. Ege
- 3 Preferred e-mail address turgut.akter@sympatico.ca
- 4 Living arangement (with spouse, child, alone, etc.). Describe. With spouse Turgut A. Akter
- 5 Residence (Apartment, single home, older adult community, nursing home, etc.). We rent a pleasant unit, in a low rise condominium building. Up till three years ago we lived in a big house; did the gardening, maintenance, snow clearing, plenty of walking for recreation, to get to shopping, public

transportation. After Turgut had GBS in 2017, we started thinking about potential frailties and decided to downsize since we don't have any family to pick up the pieces should we collapse in the house. Not sure what the next move might be.

6 Further thoughts: Presently we are very conveniently located and can do shopping on foot; there are good restaurants within walking distance, a branch of the Toronto Public Library is located across the street, a movie theater down the road and we are close to public transportation. I still drive but appreciate not having to depend on the car.

RETROSPECTIVE

7 What goals did you have for your life, and what do you think you achieved? My early childhood was spent in New York where my father was the first Cultural Attaché to the USA of the newly established Turkish Republic. Returning to istanbul at the onset of WW II I continued my education at the American College for Girls. My father returned to his vocation as a teacher of natural sciences. With his mentoring and growing up in a big garden, raising animals and vegetables, picking fruit, I was drawn to the natural sciences and came to Barnard College, planning to study Zoology. Medicine was not my ambition and the closest I ever came to it was the thought of becoming a bacteriologist. My decision to apply to medical school came about by my personal experiences following a minor accident. I believe I have made a contribution to oncological nuclear medicine by further developing and refining the technique of lymphoscintigraphy, which is currently used in patients with breast cancer and malignant melanoma to identify the sentinel drainage lymph node.

8 Looking back, how satisfied are you about your life (check one choice)? Very (Pretty much \checkmark) somewhat fairly not very very disappointed

9 What made your life better and what made it worse? Possibly coming to Canada made my life better; as a Harvard graduate I easily landed a position as a radiation oncologist in a prominent institution, The Ontario Cancer Institute incorporating the Princess Margaret Hospital and then enjoyed many opportunities in the developing field of nuclear medicine.

10 How satisfied are you with your career in medicine (check one choice)?? Very (Pretty much $\sqrt{}$) somewhat fairly not very very disappointed

11 How satisfied are you with your medical education at HMS (check one choice)??

Very (Pretty much \checkmark) somewhat fairly not very very disappointed

12. Further thoughts, including would you choose a medical career again, and reasons:

As I peruse the Questionnaire that will form the basis of the Class of '58 Yearbook I pause at the Scale of "Satisfaction". By the time we have reached our current stage of life and wisdom I believe there is a zone between "very" and "somewhat" which is subtly different from either. My life has been more satisfactory than a perfunctory "somewhat" but not perfect and "very" would reflect a touch of hubris. Surely in the course of nine decades of life there have been bumps on the road, disappointments, unfulfilled expectations, unmet challenges, failures and regrets despite the successes and achievements. I have come up with the category "Pretty much" between "very" and "somewhat", which I feel better represents the sum of the above situations. I find "very satisfied" unrealistic and a bit arrogant and "somewhat satisfied" a bit indifferent and disengaged. Medical school was an overwhelming experience and looking back I cannot consider critically the degree of satisfaction gained from the experience. I was satisfied to the extent that I have good memories, managed to graduate qualified for a gratifying career and achieved Professorship at the University of Toronto. Would I choose a medical career again? The career I had was rewarding. I really cannot say whether I would choose it again; the choice was made on the spur of the moment and not as a long cherished ambition.

CURRENT LIFE

13. What activities do you have now (including paid work, volunteer work, recreation, caring for others, community affairs, etc.)? Since retirement in 2000 I cared for my sister who passed away from metastatic colon cancer in Ann Arbor, Michigan and at the present I care for my husband whom advancing age has made more dependent upon me. Prior to retirement I had started going through family archives, documents, letters, photographs, citations, all in the Ottoman Turkish script, which I transcribed into new Turkish and eventually published four books based on that material, three in Turkish, one in English. I am still going through memoir material but don't know whether I have another book in me. I am also involved in trying to set up a Canadian charity to help support Marlboro Music, a unique musical community I have been following since I was in medical school. I have established an award in memory of my sister at our previous high school in istanbul – *The Professor Seyhan N. Eğe, ACG '49 Excellence in Science Award for Girls at Robert College*, to recognize a student in her junior year so the

award can be included in her resumé when she applies to universities. Regrettably I don't play the piano as much as I used to at one point.

- 14. How satisfied are you about your life now (check one choice)? Very (Pretty much $\sqrt{}$) somewhat fairly not very very disappointed
- 15. What in your life brings you most satisfaction now? I enjoy keeping in touch with family, mostly in Europe and Turkey so usually by phone or e-mail and friends in the USA, again by phone or e-mail, and getting together with friends and former colleagues here in Toronto. I am still engaged with family archives and my father's activities during WW I and the War of Independence as this will be the centenary of the Turkish Republic born from the War of Independence. In good weather I enjoy going for a walk which these days is not very long but I have a little circuit of less than 1 K through the neighborhood. I spend time at the local branch of Toronto Public Library browsing through hard copy newspapers, checking out hardcopy books to read. I am not as "wired" as most folks. I have recently started carrying an iPhone in my bag for emergencies only. I am not into the various Apps, or selfies, don't usually do FaceTime. I enjoy doing WORDLE and seem to come up with the word of the day in 4 moves most of the time. I try to get through each day with a sense of purpose: I don't have a Bucket List, no regrets about places not seen, things not done. I am content with what has been seen and done. I continue to enjoy listening to good music but attend far fewer live performances than I used to, mainly for logistical reasons. I don't think there is one single source of "most satisfaction" in my life at the moment. At one point it would have been playing chamber music.
- 16. Further thoughts: Basically summarized above.

HEALTH

- 17. How would you rate your overall health now (check one choice)? Excellent (good enough for my years√) fair poor terrible
- 18. What problems do you have now (physical health, mental health, social, mobility, memory, etc.)? I am a cancer survivor from 37 years ago. I have interstitial cystitis which doesn't greatly affect my quality of life and an abdominal aneurysm being followed. Other than having slowed down a bit, I do not have any mobility issues and do not use any devices at present. My memory and mental health do not constitute a problem. I haven't had cataract surgery and have been advised to consider it but my eyesight serves me well

at the present. I have a strong family history of cancer on my mother's side and I'm surprised I've survived this long.

19. What health practitioners/programs do you see regularly?

I have a Family Physician I can call upon when necessary but I keep visits to a minimum. I have been to the local Emergency Department on a few occasions.

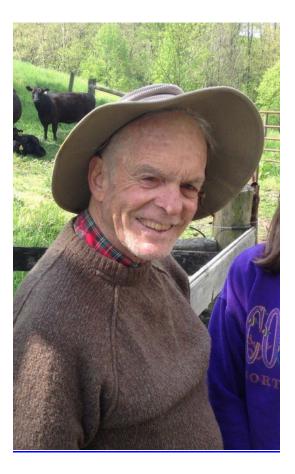
- 20. How many medications do you take regularly (prescribed and over-thecounter)? Three prescription medications and two over the counter
- From your experience with your own health, what do think of our health care system (check one choice)? The Canadian Health Care system Excellent good fair(struggling√) poor terrible
- 22. Further thoughts: There has been a decline in the Canadian Health Care System exacerbated greatly by the pandemic but effectively by not having been managed proactively in terms of investment going back several decades and administrations

IDEAS

- 23. What would you like to learn about your classmates? How they have been navigating this stage of life under the varying circumstances by which we have all been buffeted. Looking forward to the HMS'58 65th Yearbook!
- 24. What further ideas, comments, thoughts do you have about your life and life in general? (limit response to one page single spaced) My life work progressed through modest moves in several areas. I maintained ties to Turkey and those responsibilities have engaged me on many fronts. Besides my medical work, I feel fortunate in having been able to bring the family archives into the public domain as a reflection of a slice of life in the Ottoman Empire and the new Turkish Republic over a 150 year period, which I consider a worthwhile mission. When I get together with friends or former colleagues who are my juniors I listen to the changes advancing years are bringing about in their lives and circumstances. They wonder what it feels like being where I am at. As I ponder the life I have lived, it feels like a flowing river, receiving and sending off tributaries, at times gushing forth, turbulent, at times trickling but flowing forward nevertheless. This is a stage not quite of stasis but a stillness with little eddies that ripple in a pool from time to time. Contented and grateful, I try to age gracefully. Some of my contemporaries are having a harder time of it and

need greater supports and seem quite unsettled by the process of aging. Others are an example for me. Elkins William elkins32@gmail.com

1. Photograph



- 2. Name: William Elkins
- Preferred e-mail address: elkins32@gmail.com
 3a. Date of birth: 8/2/32
- 4. Living arrangement (with spouse, child, alone, etc.). with Helen Elkins, spouse.
- 5. Residence (Apartment, single home, older adult community, nursing home, etc.). single home 400 acres cattle farm
- 6. Further thoughts:

RETROSPECTIVE

7. What goals did you have for your life, and what do you think you achieved? See bio:

Harvard Medical School William Elkins, M.D. Class of 1958

Before World War II I grew up on a beautiful farm on which I became awed by the outdoors and nature and fascinated with breeds of farm animals. These loves stuck with me the rest of my life. Medicine was of no concern in high school but I was entranced by a genetics text and followed that lead through college where I spent summers at Jackson Lab in Bar Harbor, Maine, the source of inbred mice. Respected adults there suggested I apply to medical school, which I did despite lack of role models.

In medical school I developed interest in physiology and pathology and came to appreciate the care of the patient. I was influenced again by respected adults to surgical residency which path I followed without requisite passion for operating for three years at the University of Pennsylvania. Then Rupert Billingham, a partner of Nobelist Peter Medawar, came to Philadelphia, and I pursued Transplantation Biology in rodents for two years. This took me back to basic genetics and immunopathology as seen in graft vs. host reactions (GVHR) wherein my career in biomedical research settled and flourished in the Pathology Department of the medical school, even though I was not a trained pathologist.

My GVHR work led me on Sabbatical to Seattle where the first successful bone marrow transplants were being performed in patients.

On return to Penn I found Drs. Audrey Evans and Guilio D'Angio at CHOP interested in starting clinical marrow transplantation, which kept me busy for five years. That brought me back finally to clinical medicine, but only in advisory role since I had not completed a residency in clinical medicine, hematology, pathology, oncology, or pediatrics and thus was not eligible for any clinical appointment.

I had no interest in administration and no skill as an educator, so I turned back to my first love. In 1984 we bought a beautiful farm suitable for breeding cattle. I soon found that the grass in our pastures contained an endophyte toxic to many but not all ruminants. So back to genetics, I was able to build a herd that was resistant to the endophyte and I returned to observing nature and engaging with nature as when I was a child but with added curiosity about soil biology that enables plants to grow and feed animals and then ourselves.

We produce delicious beef on our grass pastures without fertilizer, herbicides, antibiotics or grain. Our beef is very different from what is available in the market which latter is subject to criticism from medical nutritionists (some at Harvard School of Public Health). This, of course, keeps my mind exercised and so far has held off the worst ravages of old age, such as the dementias we learned about in our halcyon days at HMS.

- 8. Looking back, how satisfied are you about your life (check one choice)? Very somewhat fairly not very very disappointed
- 9. What made your life better and what made it worse?
- 10. How satisfied are you with your career in medicine (check one choice)?? Very somewhat fairly not very very disappointed
- 11. How satisfied are you with your medical education at HMS (check one choice)?? Very somewhat fairly not very very disappointed
- 12. Further thoughts, including would you choose a medical career again, and reasons: yes many interesting friends and ties to biology and genetics.

CURRENT LIFE

- 13. What activities do you have now (including paid work, volunteer work, recreation, caring for others, community affairs, etc.)? Dealing with physical and mental decline, but also enjoying farm life and nature plus attending Philadelphia orchestra concerts.
- 14. How satisfied are you about your life now (check one choice)? Very somewhat fairly not very very disappointed
- 15. What in your life brings you most satisfaction now? Good news from wife, next gen and grandkids, book club friends and other reading, observing the natural beauty of our farm, and successful breeding program of our cattle on our pastures.
- 16. Further thoughts:

HEALTH

17. How would you rate your overall health now (check one choice)? Excellent good fair poor terrible

- 18. What problems do you have now (physical health, mental health, social, mobility, memory, etc.)?
- 19. What health practitioners/programs do you see regularly? Neurologist at Penn medicine, local general practice/physical therapy.
- 20. How many medications do you take regularly (prescribed and over-thecounter)? three
- 21. From your experience with your own health, what do think of our health care system (check one choice)?

Excellent good fair poor terrible

22. Further thoughts:

IDEAS

- 23. What would you like to learn about your classmates? Their Survival skills and whatever they accomplished
- 24. What further ideas, comments, thoughts do you have about your life and life in general? (limit response to one page single spaced) Please see separate page.

Harvard Medical School William Elkins, M.D. Class of 1958

Before World War II I grew up on a beautiful farm on which I became awed by the outdoors and nature and fascinated with breeds of farm animals. These loves stuck with me the rest of my life. Medicine was of no concern in high school but I was entranced by a genetics text and followed that lead through college where I spent summers at Jackson Lab in Bar Harbor, Maine, the source of inbred mice. Respected adults there suggested I apply to medical school, which I did despite lack of role models.

In medical school I developed interest in physiology and pathology and came to appreciate the care of the patient. I was influenced again by respected adults to surgical residency which path I followed without requisite passion for operating for three years at the University of Pennsylvania. Then Rupert Billingham, a partner of Nobelist Peter Medawar, came to Philadelphia, and I pursued Transplantation Biology in rodents for two years. This took me back to basic genetics and immunopathology as seen in graft vs. host reactions (GVHR) wherein my career in biomedical research settled and flourished in the Pathology Department of the medical school, even though I was not a trained pathologist. My GVHR work led me on Sabbatical to Seattle where the first successful bone marrow transplants were being performed in patients.

On return to Penn I found Drs. Audrey Evans and Guilio D'Angio at CHOP interested in starting clinical marrow transplantation, which kept me busy for five years. That brought me back finally to clinical medicine, but only in advisory role since I had not completed a residency in clinical medicine, hematology, pathology, oncology, or pediatrics and thus was not eligible for any clinical appointment.

I had no interest in administration and no skill as an educator, so I turned back to my first love. In 1984 we bought a beautiful farm suitable for breeding cattle. I soon found that the grass in our pastures contained an endophyte toxic to many but not all ruminants. So back to genetics, I was able to build a herd that was resistant to the endophyte and I returned to observing nature and engaging with nature as when I was a child but with added curiosity about soil biology that enables plants to grow and feed animals and then ourselves.

We produce delicious beef on our grass pastures without fertilizer, herbicides, antibiotics or grain. Our beef is very different from what is available in the market which latter is subject to criticism from medical nutritionists (some at Harvard School of Public Health). This, of course, keeps my mind exercised and so far has held off the worst ravages of old age, such as the dementias we learned about in our halcyon days at HMS.

FEINGOLD DAVID dsfeingold@gmail.com

IDENTITY

1 Current photograph—passport size, jpg or pdf format



- 2 Name: David S Feingold
- 3 Preferred e-mail address: <u>dsfeingold@gmail.com</u>
- 3a. Date of birth: 8/06/1932
- 4 Living arrangement (with spouse, child, alone, etc.). Describe With spouse
- 5 Residence (Apartment, single home, older adult community, nursing home, etc.).Townhouse in Brookline for the last 40 years
- 6 Further thoughts:

RETROSPECTIVE

- 7 What goals did you have for your life, and what do you think you achieved? I wanted to be happy and make a positive contribution. I have been reasonably happy (6/10} and evaluate my contribution as quite positive (8/10).
- 8 Looking back, how satisfied are you about your life (check one choice)? Very ** somewhat fairly not very very disappointed
- 9 What made your life better and what made it worse? I will just say that my life the past 50 years with Dori has been wonderful.
- 10 . How satisfied are you with your career in medicine (check one choice)??Very **somewhat fairly not veryvery disappointed
- 11 . How satisfied are you with your medical education at HMS (check one choice)??

Very somewhat ** fairly not very very disappointed

12 Further thoughts, including would you choose a medical career again, and reasons:

In the environment of the 1950s my career choice of medicine was easy and right for me. In the present environment I would look long and hard at other careers. Medicine for the physician is not in a good place.

CURRENT LIFE

13 What activities do you have now (including paid work, volunteer work, recreation, caring for others, community affairs, etc.)? I am fortunate to still run two teaching/patient care clinics weekly in which the residents do all the "heavy lifting" such as the electronic medical record. We have a home on Buzzards Bay where we love to ride our electric bicycles, walk the beach, play some golf, and veg. Sadly, due to balance issues, I had to give up sailing which had been a major pastime for 50 years.

- 15 What in your life brings you most satisfaction now? That at 90+ I am still vertical and sentient most of the time. That I have a gratifying social life, financial security, and still a modicum of respect in the profession.
- 16 . Further thoughts:

At this point in my life I wish that I had a larger family. For a variety of reasons I did not have children until our son was born when I was 65 years old. Fortunately, he is a joy and a blessing. He has decided that he also wants a career in medicine and science. But as I see my friends surrounded by grandchildren and great grandchildren, I admit to being envious.

HEALTH

- 17. How would you rate your overall health now (check one choice)?
 - Excellent good ** fair poor terrible
- 18. What problems do you have now (physical health, mental health, social, mobility, memory, etc.)?

My balance difficulties are my most life-altering problem. Memory is beginning to show signs of wear and tear, my lungs are not so happy that I smoked for 20 years when young and stupid, cardiovascular issues are ameliorated by meds. When all is said and done I think it is fair to frate my health as good, for a 90 year old.

- 19. What health practitioners/programs do you see regularly? Too many.
- 20. How many medications do you take regularly (prescribed and over-the-counter)? Several
- 21. From your experience with your own health, what do think of our health care system (check one choice)?

Excellent good ** fair poor terrible

22. Further thoughts:

The health care system has worked for me since as a colleague I get special care. For many patients getting good care is extremely difficult.

IDEAS

- 23. What would you like to learn about your classmates? We are fortunate to have lived so long. I would like to know how my classmates have dealt with the ups and downs, the vicissitudes, of life.
- 24. What further ideas, comments, thoughts do you have about your life and life in general? (limit response to one page single spaced)
 In general, I think meaningful relationships with family, friends, and colleagues, as well as continuing to work, has given me a sense of connection, engagement, and purpose and meaning. I realize that I have a lot to share from my long life- and a lot to learn from the younger generation.

Neither our country nor our profession is in a good place at this time, but we were blessed through much of our careers with politicians who could compromise with those of different views and medicine was doctor friendly. The good news is that change is constant, and I am optimistic that our country will be in a better place in the not-toodistant future, sadly too late for us of the HMS class of 1958.

Galt. John john.galt5@verizon.net Gifford George/Anisia Gifford <anisiagiff@gmailcom>

GOLDBERG MORTON phymorgo@comcast.net

IDENTITY

1). Photo - I just submitted my last formal one for my upcoming Hollywood screen test!



- 2) Morton H. Goldberg
- 3) phymorgo@comcast.net

4) Living with a wonderful nonagenarian- she and I are good for each other and with each other despite age and aging.

5) Condo

7) My goals have changed with education, maturation, and aging. My primary goal has been to try to make this "place" a little better for my family and my patients and, perhaps, for this warming, polluted, overcrowded planet.

8) Somewhat satisfied.

9) Better or worse? My family has been my "best of times" despite the loss of my wife Phyllis after a four decade struggle with MS- a lousy disease! Our three children are now in their sixties - one son in the business world and another a retired army officer. Our daughter, an ObGyn, is married to a cardiologist and their daughter is a second year medical resident who is married to a third year anesthesiologist resident. and so the beat goes on.

10) Very satisfied with my career in Oral Maxillofacial Surgery, although acceptance in both the worlds of Academia and Practice was slow because of my DMD, MD plus Surgery education- was I a half baked plastic surgeon or just an over trained dentist? With help, I persevered and brought(dragged) a reluctant office based specialty out of the "shallow shadows" and into the main stream of American surgery despite the " rocks and rapids" which I found there.

I found considerable satisfaction for having been responsible for or contributing to the education of well over 100 young residents while incorporating a full year of general surgery into their education at Hartford Hospital, the first American OMFS program to do so.

Equally as satisfying was accepting the challenge of restoring traumatic facial injuries (cars, bikes, sports, bar room brawls, and drug deals gone awry).

Most rewarding for me was restoring or creating normalcy to the facial bones (form and function) to many children and adolescents. Always challenging, these include hemifacial microsomia, cherubism, facial muscular dystrophy, Hapsburg jaws, various forms of gigantism, lymphangioma of the tongue and numerous others.

11) Very satisfied with my education at HMS and HSDM but remain "scarred" by the nearly successful attempts by both deans to torpedo my nascent career.

12) Yes, I would willingly choose a medical and (dental) career again— confronting oralfacial disease, disability and deformity despite the many roadblocks, washouts and detours that I encountered " on my road less traveled".

13). After retiring at age 74 I became a volunteer at the outpatient clinic at Hartford Hospital for another decade. I was given free parking and all the coffee I could drink.

14 and 15). I'm quite satisfied, especially with my family.

17). Fair

18). Recent stroke, diabetes type 2, hypertension, Aortic Insufficiency, spinal stenosis, kyphoscoliosis

19). Primary Care, Neurologist, Cardiologist, Orthopedist

20) six

21) fair

22) About a decade ago I served on the Board of a newly organized committee, (Medicare- Hartford Hospital)charged to monitor and perhaps influence the large numbers of recidivistic readmissions of the elderly. At a training session with well over 100 physicians our guest speaker opened his lecture with " Good morning WORKER BEES!". After a few moments of total silence he continued " Get used to it, you have become WORKER BEES"!

We are now a profession increasingly becoming employees of hospital chains which limit us to a maximum of twenty minutes per patient. The officers and shareholders of these groups are contemporary medical QUEEN BEES who are some of the largest contributors to the COMMERCIALIZATION of American health care. Need I even mention the recently court approved multi billion dollar merger of the giant health care insurer Aetna with a super giant drug store chain. Can any of this bode well for the health of Americans or us WORKER BEES?

GOODMAN STEPHEN sbonomi@msn.com

IDENTITY



Stephen Benyas Goodman, M.D.

sbonomi@msn.com

With Spouse, Sandra Malver Goodman

Single Home

After three years at Harvard College, I entered HMS with all of you in September, 1954. The first year at HMS, I lived in Vanderbilt Hall. I was already engaged to the "love of my life", Sandra Jean Malver. We had both grown up in neighboring suburbs of Milwaukee, Wisconsin. We had been dating for a few years. Sandy and I married in August, 1955, Milwaukee WI, and drove to Boston for my 2nd year at HMS. Sandy had completed two years at Smith College and transferred to Simmons College in Boston. We rented an apartment on Jersey St. where we lived for the next 3 years. After graduation from HMS we moved to Denver CO for internship at Colorado General Hospital, followed by two years of residency in the Internal Medicine Program and then a 2 year fellowship in the Hematology Department, under the tutelage of Matthew H. Block, M.D.

Sandy had completed a program at Simmons in Physical Therapy and for the early years in Denver she was our major provider. As an intern I was earning \$90 per month and as a resident that was raised to \$110 per month. The rent for our apartment in Denver was \$150 per month. Those numbers ilustrate how medical training has evolved and what inflation is all about.

We loved Denver and all the things that Colorado had to offer. During my fellowship I was earning a subsistence salary. Our first child, Jonathan, was born in 1960 and Gillian was born in 1962. I was present in the delivery room at Colorado General Hospital for both of those deliveries.

During my fellowship years I considered the possibility of an academic career but it became clear that would entail moving to another state. We both did not want to leave Colorado. In July of 1963 I opened my office, in Denver, for the practice of Internal Medicine. Over the next 4 years I was making good progress in developing my practice. At some point, probably in 1966, it occured to me that I should call my draft board in Milwaukee to inquire about my draft status. They said "not to worry", I was #125 on the list. However, I did worry. Over the next year I called back 2 or 3 times. The las time I called I had moved up to # 25 on the list and a few months later I received my draft notice. In Jan, 1968 I reported for my one month of basic training in San Antonio, Texas, and then reported to Ft Leonard Wood in Misouri where I served for approx 15 months. During that time I was promoted twice; from Captain to Lieutenant Colonel.

Of course, I was delighted at my rise in rank; that is until I learned that it meant I was going to Viet Nam. I will have more to say about this later. At that time, I did not know why I received the two promotions. In retrospect, I think someone in the Pentagon knew they would need a Lt Colonel to fill a position in Viet Nam in 1969.

Retrospective:

What goals did I have for my life? Before being drafted in 1967 and then reporting for duty in January, 1968, I had vague dreams of "great success" but no clear idea of what that meant. I did feel that I was in charge of my own future and needed to make good decisions. That all changed when I received the draft notice. The general military draft had ended some years earlier but remained in place for medical doctors who had not signed up for the "Berry Plan". I began to realize that I was NOT in charge of my own future. That realization grew over the many years to follow. What did I achieve? Two major things come to mind: Sandra and I created a wonderful family; two children and four grandchildren. Also, along the way, I maintained my moral standards and "stayed out of trouble". However, the military service was a major turning point in my life; more about that later. In 1970, I returned to civilian life in Denver and re-opened medical practice.

Satisfaction:

I have much satisfaction, but, yes, I desire more. I have great satisfaction with my personal life. Regarding my professional life in Medicine? I would rate it a 7 on a scale of 10; Probably "somewhat" is a good answer. My education at HMS was good, but not clearly better than that of my colleagues in Denver. I do enjoy the non-verbal response when asked where I went to medical school and I say "Harvard". My greatest satisfaction? My FAMILY!.

Would I choose a medical career again? Well if we are talking about the 1950's, probably "Yes". If we are talking about the 2020's, probably "NO". "Medicine" keeps changing as years go by. The technologic changes keep improving the medical profession greatly. In other areas, I see problems. Hospitals have been taken over by large corporations and now the same thing is happening to individual practices and small groups. I do not see that as a positive development

Further Thoughts:

I have many but will restrain myself. As mentioned above, my time in the Army was a turning point in my life. On the one hand, it was a great adventure. On the other hand, my military service was a very disruptive experience for Sandy, for the kids and for me.

For me, the most important issue was having to begin my practice a second time after 2 years away. Friendships, professional relations, and even my medical knowledge had all been negatively affected. Some people assumed that I was gungho in favor of the Viet Nam war. That was not true. I served because the alternative was a jail sentence. The only reason I was drafted was because I was a physician. My medical status was actually "4F" because of gout that appeared during internship. The general draft had ended a few years earlier. I no longer believed that I was in control of my own future. Please don't laugh that it took me so long to mature. It took about 4 years for me to feel that I had re-established myself in Denver. I was now aproximately 40 years old; Not old-old, but not young either.

My service in Viet Nam did have many positive aspects. However, they did not have much to do with the war or with the practice of medicine. For the first few months I was the commander of a very large medical batalion based at Long Binh Army Base.

It was a figure-head position, required by Army "Rules of Oganization". I had very little work to do. I complained and was offered the position of " commander of the downtown medical dispensary" in Saigon. That meant I was in charge of an outpatient medical practce in Saigon. We had 3 other physicians in the clinic, a pharmacist, and a registered nurse. We had aprox. 20 additional personel It was actually a fun job.

I did have a role in a significant event while in Viet Nam. Resistence to the war was already building in the USA. In aprox. August, 1969, 2 Americam MP's were shot and killed, by a South Vietnamese Army major, in a night-club in Saigon. At aprox 2:00 am I was awakened and told that I was needed to pronounce the 2 MP's dead. I was driven to the night club. An MP Colonel and I led about 20 MP"s, with rifles in hand, up a long dark flight of stairs; an eerie experience indeed! I made the pronouncement. The episode made the cover of Time Magazine. It was a tragedy and it added greatly to the anti war sentiment .

Spouses were not allowed in a war zone, but Sandy and I did get together twice. I was entitled to take a leave for about eight days and also to take an "R&R". For my leave, we met in Tokyo, Japan, and we had a wonderful time. A week later we met in Hong Kong for the 5 days of R&R; another memorable experience. Sandy spent the intervening week in Thailand.

I returned to the USA in late December, 1969. I was met, in California, by Sandy, Jonathan and Gillian, We went to DisneyLand. A few days later we returned to our home in Denver. We had built the house in 1964. We rented it to a family while I was in the Army. We still live in the same house to this day.

During the following 25 years we greatly enjoyed Travel to many places; 10 European trips and many trips to Mexico and a few to Central America and the Carribean. Seven of the European trips included Italy which was my favorite destination. Italy is where our e-mail address comes from. It is the plural form for "S Goodman".

Current Life:

Health: fair; take 4 medications.

As I approach my birthday in May, 2023, my main diagnosis is ANS; i.e."Almost Ninety Syndrome". I have various medical issues but remain fairly active. Sandy and I both manage our own affairs. We drive and walk in the neighborhood. Our social life has

contracted greatly; partly because so many friends have passed and also because of COVID. Each of us has survived one episode of Covid infection. I have 3 main pastimes: Bridge, "C++", and the stock market. We no longer travel. We are both very concerned about the current political issues that affect the country and the negative effect of "The Trumpeter". I would be available to play bridge on BRIDGE BASE, either in a foursome or a twosome. I am probably an "early-intermediate" player. It is easy to set up a table with 4 or join a table with 2.

Current Satisfaction?: Hmmm! Varies from day to day. " Very" to "somewhat fairly". My greatest satisfaction now comes from my wife, my adult-kids (now in their 60's), and my grand-kids. I could do some bragging here , but will spare you of that experience.

Medical activities: health of family and self.

Further thoughts: I have no great WISDOM to offer. I do worry about the future of our nation and now, the future of our planet. It is time for what Hilary called "The Deplorables" to see how wrong they have been. I do wish the best for all of us as we experience the "Golden Years". Stephen

Harris Jr. Hugh <u>hsh115@aol.com</u> Hirschhorn Richard <u>sunsetledge@hotmail.com</u> Hofer Myron <u>mah6@columbia.edu</u> Hood William <u>williambhood@gmail.com</u>

JACOB HARRY Jacob002@tc.umn.edu

1. Current photograph-passport size, jpg or pdf format



IDENTITY

- 2. Name: current Harry S Jacob When at HMS if different:
- 3. Preferred e-mail address: jacob002@tc.umn.edu 3a.
- 3a. Date of birth: 04/06/1933
- 4. Living arrangement (with spouse, child, alone, etc.). Describe : Wife in long-term nursing facility; I'm still in family home.
- Residence (Apartment, single home, older adult community, nursing home, etc.):
 Single home
- 6. Further thoughts: Don't get old

RETROSPECTIVE

7. What goals did you have for your life, and what do you think you achieved?

Be a good parent and husband and an empathetic physician, scientist and mentor. Mainly achieved.

- 8. Looking back, how satisfied are you about your life (check one choice)? *Very** somewhat fairly not very very disappointed
- 9. What made your life better and what made it worse? Better by having great marriage, children, grandchildren and great grandchildren and having fruitful career as clinician scientist.

Worse by seeing medicine become a business.

10. How satisfied are you with your career in medicine (check one				
				choice)??
Very*	somewhat	fairly	not very	very disappointed

11. How satisfied are you with your medical education at HMS (check one choice)??

Very* somewhat fairly not very very disappointed

12 Further thoughts, including would you choose a medical career again, and reasons:

No, not unless medicine stopped being a business

CURRENT LIFE

- 13 What activities do you have now (including paid work, volunteer work, recreation, caring for others, community affairs, etc.)? Am continuing to provide medical-legal opinions in malpractice litigations. Still playing golf but no longer skiing (unable to get up from fallen position on ski slope or at home without help.)
- 14. How satisfied are you about your life now (check one choice)?

Very. somewhat* fairly not very very disappointed

- 15 What in your life brings you most satisfaction now? Family and friends; cabin on island in the boundary waters of northern Minnesota
- 16 Further thoughts:

Happy to have had enough funds to have helped grandchildren through college and new home down payments , plus more recently able to provide future funds for great grandchildren careers.

HEALTH

- 17. How would you rate your overall health now (check one choice)? Excellent good * fair poor terrible
 - 18 What problems do you have now (physical health, mental health, social, mobility, memory, etc.)?Weariness as care giver to wonderful spouse.
 - 19. What health practitioners/programs do you see regularly? Internist
 - 20. How many medications do you take regularly (prescribed and over-the-counter)?4
 - 21. From your experience with your own health, what do think of our health care system (check one choice)?

Excellent good * fair poor terrible

22. Further thoughts:

Disappointing for many in our first-world country, especially as compared to other similar nations.

IDEAS

23. What would you like to learn about your classmates? Are they as disappointed as I am in how medicine has been taken over by business- efficiency gnomes? And are they saddened, as am I, to see how over- attention to "evidence-based medicine" has neutered interest in pathophysiology and eroded empathy in our current students and trainees. 24. What further ideas, comments, thoughts do you have about your life and life in general? (limit response to one page single spaced).

Marry well, raise great progeny, and achieve one's "nockes" by mentoring wonderful trainees.

JACOBY GEORGE/LEE <jacoby920@gmail.com>



Dr. George Alonzo Jacoby, of Marblehead, passed away in Exeter, NH on February 14th, 2022.

George was born in Bronxville, NY on September 20th, 1932. He was the son of George and Ruth (Burtner) Jacoby and grew up in Michigan and was sent East to be educated at Phillips Academy, Andover; Yale University and Harvard Medical School (HMS). He trained in Internal Medicine atthe Massachusetts General Hospital (MGH) in biochemistry at the National Institutes of Health(NIH) and the National Institute for Medical Research outside of London and in bacterial geneticsat HMS. For twenty-five years he was a consultant in Infectious Diseases at MGH and then moved to the Lahey Clinic to head their Infectious Diseases department. In addition to his clinical work, he directed a laboratory focusing on the genetics and biochemistry of bacterial resistance to antibiotics, supported by grants from the NIH and for over forty years, he taught students at HMS where he was an Associate Professor of Medicine. He served on the editorial board of the New England Journal of Medicine and other journals and was editor in chief of the journal Antimicrobial Agents and Chemotherapy. George married Ann Austin in 1957. They had three children, Gregory (Lori), Douglas (Jennie) and Alison (Vanessa), after which their marriage ended in divorce. He married Lee Breckenridge in 1969. They had two children, Robert (Jennifer) and Sarah (Antonio). George was a member of St. Michael's Church, the Eastern Yacht Club, the American Society of Microbiology, the Infectious Disease Society of America and the Massachusetts Medical Society. His family remembers him for his gentle and kind personality, his commitment to his grandchildren and his passion for clinical and scientific advancement. He is survived by ten grandchildren and one great-grandson. He is also survived by his brother John (Patricia) and two nephews.

Funeral services will be held on February 26 at 11 AM at St. Michael's Church, 26 Pleasant St., Marblehead, MA. 01945.

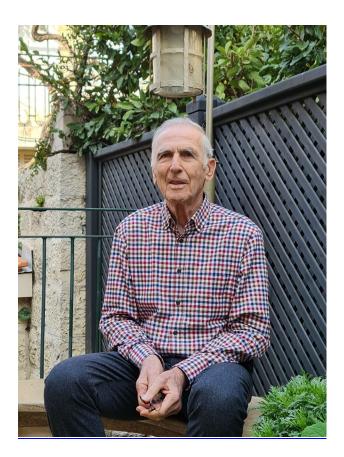
In lieu of flowers, the family suggests donations in George's name to the St. Michael's Church Memorial Fund, 26 Pleasant St., Marblehead, MA. 01945. For more information, please visit: www.brewittfuneralhome.com

Kantor Martin <u>martycando@aol.com</u> Karlan Robert <u>kgrasshopper1@aol.com</u>

KISCH ARNOLD

IDENTITY

1. Current photograph—passport size, jpg or pdf format



- 2. Name: Arnold Kisch When at HMS if different:
- 3. Preferred e-mail address: akisch@smile.net.il
- 4. Living arrangement: My wife and I live alone in the home which we have occupied for the last 23 years in Jerusalem, Israel. It is a four story house but it is not overly large. It is in a very quiet neighborhood and we are surrounded on several sides by our garden and the gardens of our neighbors. The four stories have become a slight problem to us, and we have added a stair elevator. With that modification, we move comfortably throughout the house. Our daughter,

her husband, and her three small sons live a very short distance away from us and it is easy for us to walk back and forth between our homes.

- 5. Residence: See answer to question #4 above.
- 6. Further thoughts: We are deeply grateful that we are able to continue living in the place and in the style that we have enjoyed throughout the 45 years of our marriage. It is especially important to us that we can have such close physical contact with our daughter, her husband, and her 3 little boys - age four, six, and eight. It would be very difficult for us to pick up and move to a different place.

RETROSPECTIVE

7. What goals did you have for your life, and what do you think you achieved? When I graduated HMS, I had the goal of becoming a surgeon. That lasted only five years. By then my interests had changed radically. I had become less interested in rendering patient care and more interested in the health care delivery system. I saw that the American healthcare system was able to provide the highest level of quality care but at the same time it was not delivering even adequate care to a large portion of the population. My goal became to try to improve the system, but I found that very few physicians shared my concern. Also, what I had learned at HMS did not fully prepare me to tackle the problem which was my new career focus. I therefore went back to school and got a Master's Degree in administration. In1963, that was a rare occurrence for a physician. Today, many medical schools offer an MBA degree together with the MD. I spent the next 27 years pursuing my goal of trying to do something to improve the health care system in the United States. I worked at UCLA and UCSD for 15 years doing research and setting up small, but innovative, health care delivery demonstrations. Then I worked in the private sector for another 12 years, developing and managing comprehensive health care programs for the benefit of large size populations. We were able to achieve some progress, but the basic problem of assuring equitable distribution at a reasonable price without sacrificing quality remains unsolved.

My greatest achievement is that I was one of the early whistle blowers. We were a small band of physicians who tried to sound the alarm. We can take satisfaction in knowing that today solving the problem that was our principle concern has become a top national priority.

8. Looking back, how satisfied are you about your life (check one choice)?

[VERY] – a roller coaster ride, but never boring!! somewhat fairly not very very disappointed

9. What made your life better and what made it worse? My wife, Victoria, made my life better. She is my true companion. She has encouraged me to take chances that I would not have taken alone. (She is also the real doctor in our house, since she is a PhD.) Our children and grandchildren, some living in the USA and some in Israel, are a source of pride and joy to us. On the down side, it has gone so fast. 65 years since 1958, and it seems like a day. Where did the time go??

10. How satisfied are you with your career in medicine (check one choice)?? [somewhat] – see above answer to question #7 fairlynot Very very very disappointed

11. How satisfied are you with your medical education at HMS (check one choice)?? [somewhat] – see above answer to question #7 fairlynot Very very disappointed

- very
- 12. Further thoughts, including would you choose a medical career again, and reasons: I still believe that having a career devoted to helping improve the health of others is the best possible career that one can have. I would choose it again without any hesitation. As I said above however, in my case it would have helped had I been prepared differently and also if I had received more encouragement to pursue my particular interest.

CURRENT LIFE

- 13. What activities do you have now (including paid work, volunteer work, recreation, caring for others, community affairs, etc.)? My life is full; my days are busy. I retired early (at age 59). Being retired is nothing new to me. I had a very interesting and intense career in medicine. I have finished that phase of my life, and I have moved on. I still do some non-medical writing and I also travel although now mostly to places that are less exotic and less far away. I do my best to stay in shape by regularly swimming and working out . I try to enjoy every day, and I try very hard not to get into a routine which may restrict me from doing what I am interested in doing at the moment. As much as possible, I strive to be master of my own time.
- 14. How satisfied are you about your life now (check one choice)?

[Very] somewhat fairly not very very disappointed

16. Further thoughts: I believe that "being old" is a state of mind. We age of course, and with age come physical challenges and personal losses that we must somehow adapt to. But we can keep our spirit from getting old, and if we succeed in that, we will continue to have hopes and dreams - and that makes all the difference. "It is not given to us to complete the task, and yet we are not permitted to put the work down".

HEALTH

- 17. How would you rate your overall health now (check one choice)?
 - Excellent [good] fair poor terrible
 - 18 What problems do you have now (physical health, mental health, social, mobility, memory, etc.)? I have only one significant health problem. I have macular degeneration. I have had it for 6 years, and it is progressive. I can read only with strong magnification. Mostly when I write I use Google Dictate. I cannot read signs. I have had to give up driving, and skiing, and bicycling. Fortunately, despite all this, I still have much vision left.
 - 19 What health practitioners/programs do you see regularly? My eye doctors
 - 20. How many medications do you take regularly (prescribed and over-the-counter)? Four
 - 21. From your experience with your own health, what do think of our health care system (check one choice)?Excellent good fair poor terrible
 - 22. Further thoughts: I use the health care system in Israel. Overall it is good, but like all national health care services that I know it is forced by financial considerations to ration the care that is delivered to the patient. Here the rationing takes the form of lengthy waiting times to receive many specialist services.

IDEAS

- 23. What would you like to learn about your classmates? I would like to learn as much as possible about how they are handling being in their tenth decade of life.
- 24. What further ideas, comments, thoughts do you have about your life and life in general? (limit response to one page single spaced) What a question!!I do not regard myself as a philosopher or a prophet. I still am amazed by the complexity of life, and I have many questions but few answers. Life is beautiful and precious, but life remains a puzzle to me. I sort of like it that way.

Kliman Allan <u>akliman1@yahoo.com</u> Kremen Howard <u>hkremen@aol.com</u> Lang David <u>boarder090@aol.com</u>

LIPSON CHARLES charles@lipson.net

1. Current photograph—passport size, jpg or pdf format



IDENTITY

- 2.Name: current: Charles Lipson When at HMS if different:
- 3. Preferred e-mail address: charles@lipson.net
- 3a. Date of birth: 6/3/33
- 4. Living arrangement (with spouse, child, alone, etc.). Describe Alone. Ellen died in 2020
- 5.Residence (Apartment, single home, older adult community, nursing home, etc.). Senior housing: Independent living
- 6. Further thoughts:

RETROSPECTIVE

7. What goals did you have for your life, and what do you think you achieved? Originally did surgery. In 1980 switched to emergency med. Opened an urgent care, one of the first.

I feel that I have led a satisfying and successful caarer and life.

- 8.Looking back, how satisfied are you about your life (check one choice)? \sqrt{Very} somewhat fairly not very very disappointed
- 9. What made your life better and what made it worse? I found at age 88 a new path that I enjoyed much more.
- 10. How satisfied are you with your career in medicine (check one choice)?? Very somewhat fairly not very very disappointed
- 11. How satisfied are you with your medical education at HMS (check one choice)?? Very √somewhat fairly not very very disappointed
- 12. Further thoughts, including would you choose a medical career again, and reasons:I would do equal once again.

CURRENT LIFE

- 13. What activities do you have now (including paid work, volunteer work, recreation, caring for others, community affairs, etc.)?Retired. Exercise 9-5 time per week on bike + pool. Just retire from a band.
- 14. How satisfied are you about your life now (check one choice)? Very √somewhat fairly not very very disappointed
- 15. What in your life brings you most satisfaction now? Mostly social life.

16. Further thoughts:

Other activity: cofounded EMT + paramedic programs AFT at university. Huge satisfaction.

HEALTH

17. How would you rate your overall health now (check one choice)? Excellent good √fair poor terrible

18.What problems do you have now (physical health, mental health, social, mobility, memory, etc.)?

Two restrictive problems: [?] But I feel fine. Still travel + drive.

19 What health practitioners/programs do you see regularly?

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VA— endocrine [?]
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```
20 How many medications do you take regularly (prescribed and over-the-counter)?
```

12

21 From your experience with your own health, what do think of our health care system (check one choice)?

Excellent good fair √poor terrible

22 Further thoughts:

IDEAS

- 23 What would you like to learn about your classmates?
- 24 What further ideas, comments, thoughts do you have about your life and life in general? (limit response to one page single spaced)

LIVINGSTONE JOHN < jlivingstoneservices@comcast.net>

1. Current photograph—passport size, jpg or pdf format



IDENTITY

2. Name: current John B. Livingstone

- 3.Preferred e-mail address jlivingstoneservices@comcast.net
- 4. Living arrangement (with spouse, child, alone, etc.). Describe With spouse without others.
- 5.Residence (Apartment, single home, older adult community, nursing home, etc.). Single home with two home-offices.
- 6. Further thoughts:

Have live here for 27 years at the end of our country on the Atlantic at the tip of Cape Cod.

RETROSPECTIVE

7. What goals did you have for your life, and what do you think you achieved? Become a scientist- either microbiologist or surgeon,

- 8.Looking back, how satisfied are you about your life (check one choice)? Very XXX somewhat fairly not very very disappointed
- 9.What made your life better and what made it worse? Connected relationships made it better. Co-authoring y textbook made it better. Trying to bring about changes in medical education and training made it worse.
- 10. How satisfied are you with your career in medicine (check one choice)?? Very XXX somewhat fairly not very very disappointed
- 11. How satisfied are you with your medical education at HMS (check one choice)?? Very X somewhat fairly not very very disappointed
- 12. Further thoughts, including would you choose a medical career again, and reasons:

Would choose a medical career again but start out in mental and public health instead of pediatric surgery. Or would choose a career in music or sculpture.

CURRENT LIFE

13. What activities do you have now (including paid work, volunteer work, recreation, caring for others, community affairs, etc.)? Clinical work (modern psychotherapy) ¹/₄ time, social science projects worldwide, row and coach rowing, swim, sculp stone.

14. How satisfied are you about your life now (check one choice)?VeryXXsomewhat fairlynot veryvery disappointed

15. What in your life brings you most satisfaction now?

Listening to music, swimming, or rowing with friends and family; reading quietly at home, being in Mexico.

Learning about advances in understanding how the mind and personality work.

16. Further thoughts:

Living on the water with views and sunsets is great for the mind and body and spirit.

HEALTH

17. How would you rate your overall health now (check one choice)?

ExcellentXX good fair poor terrible

18.What problems do you have now (physical health, mental health, social, mobility, memory, etc.)?

Basically none except hypertension at 130/60; not quite as sharp with memory. Hands not as limber for piano practice.

19. What health practitioners/programs do you see regularly? Primary care twice per year, and hearing specialist 3 times per year.

20. How many medications do you take regularly (prescribed and over the counter)?

Omeprazole and Amlodipine 2.5 mgs daily.

21. From your experience with your own health, what do think of our health care system (check one choice)?

Excellent good fair poor XXX terrible

22. Further thoughts: Our medical schools and trainings are not including what is now valid science about how the human mind is programmed as a multiplicity of personality parts- not one mind. We don't value how affective connection impacts both tissue healing and adherence to medical recommendations. Medical interviewing of adults and children is mostly still in the middle ages with technology trying to substitute. Psychiatry to a large extent is stuck in the same ole psychoanalytic or cognitive behavioral paradigm. It is sad and frustrating for me.

IDEAS

23. What would you like to learn about your classmates? How do they each think they have grown, and what are their passions and new skills?

24. What further ideas, comments, thoughts do you have about your life and life in general? (limit response to one page single spaced)

When I hit age 90, I liked the quote from Pablo Casals-- when asked why at his age of 93 he was still practicing the cello 3 hours each day, he replied, "because I am beginning to notice some improvement"

I miss the built-in friendships, laughs, and interesting times that being at HMS provided, especially in these days of isolation externally from Covid and friends dying, and internally from decrease in my hearing acuity. I am grateful to have had my life as it was and is. I worry about our democracy being eroded by toxic polarization and my children and six grandchildren living with the direction our world is going. Perhaps every generation has had the same worry about the future, but it seems that the world and technology has leaped ahead of our being in relationships. Governments and greed certainly get in the way; so do our internal mental adaptations to the inevitable vulnerabilities of living on this lovely and yet dangerous planet. Embracing opposites is a good idea. Vulnerability (emotions of hurt, sadness, helplessness, fear, shame) is human and not a weakness. Not to acknowledge vulnerability by getting angry, or busy, or pushing, or whatever-- to cover it over-- is not strong; it is hurtful to you, your body, and to others around you.

MILLER ELLIOTT

IDENTITY

1.Current photograph—passport size, jpg or pdf format



2.Name: current Elliott (Vaughn) Miller

3.Preferred e-mail address. Elliottvmiller@gmail.com

- Living arrangement (with spouse, child, alone, etc.). Describe My wife and I live in a separate single home in a retirement community. My younger son lives about 30 miles away. Tony Patton lives about 1 mile away.
- 5.Residence (Apartment, single home, older adult community, nursing home, etc.). See above
- 6.Further thoughts: We moved from a wonderful home with three floors. I had an 800 square foot workshop fantastic. My balance is poor and so now a single floor home for personal safety.

RETROSPECTIVE

7.What goals did you have for your life, and what do you think you achieved? I would like to continue another ten years and keep on with many things. I cook and bake. I will be teaching a course in etymology in February and March to

senior citizens in our community. I would love to garden for a bit and perhaps travel some. It is a joy for me to repair things at home and thus return them to a useful life. My life is generally a joy. The best part is sharing the time with my wife, Liz Lee.

8.Looking back, how satisfied are you about your life (check one choice)? Very somewhat fairly not very very disappointed

9.What made your life better and what made it worse? My life has been made incredibly better when I married my wife, Liz. My life has been made worse by advanced arthritis, principally of the spine producing constant pain and very limited mobility.

10.How satisfied are you with your career in medicine (check one choice)?? Very somewhat fairly not very very disappointed

11.How satisfied are you with your medical education at HMS (check one choice)?? Very somewhat fairly not very very disappointed

12.Further thoughts, including would you choose a medical career again, and reasons:When I was about 18 and was having some major difficulties in life, I spent a good bit of time wondering if there were a purpose to life, and if so, what should my purpose be. My conclusion was that my purpose should be to serve others. In a life of medical practice, I have found great satisfaction and fulfillment. Now at 90, I would take the same road.

CURRENT LIFE

13.What activities do you have now (including paid work, volunteer work, recreation, caring for others, community affairs, etc.)? I have worked with the Grenfell Mission in Newfoundland and Labrador for 66 years providing health care, education and community well being to the Inuit, Innu and white settlers. In the second year at HMS, our dean of students, Joe Gardella, offered me and Pete Alden the opportunity to work for the summer at the hospital in St. Anthony, NL. It was an incredible experience so I stayed with it. I eventually was the Chairman of the Board for 10 years and still work as a consultant/advisor. Other activities include water color, carpentry, cooking, baking breads and even legerdemain in the past. My life is more than full. I could live two more lifetimes to do all I want.

14. How satisfied are you about your life now (check one choice)?

Very somewhat fairly not very very disappointed

15.What in your life brings you most satisfaction now? Sitting quietly with my wife and reading is great joy. Baking bread and being with the family is wonderfully fulfilling.

16.Further thoughts:

HEALTH

- 17. How would you rate your overall health now (check one choice)? <u>Excellent</u> good fair poor terrible
 - 18.What problems do you have now (physical health, mental health, social, mobility, memory, etc.)?Advanced spinal arthritis. I have lost 8 inches in height so my trouser waist band nearly reaches my shirt pocket! I need two canes or a walker for ambulation. Mentally, I am much encouraged about life and find it rich and rewarding. My short term memory leaves much to be desired for I struggle with peoples names and the need to remember a task after I have gone into a different room sometimes. Socially, my life is blessed with many dear friends with whom I see and communicate.
 - 19.What health practitioners/programs do you see regularly? My internist is fantastic and keeps me alive and with a smile. I also see a urologist, physiatrist, dermatologist and dentist regularly.
 - 20.How many medications do you take regularly (prescribed and over-the-counter)? 14. Way too many!!
 - 21. From your experience with your own health, what do think of our health care system (check one choice)?

Excellent good to fair poor terrible

22. Further thoughts: It needs a great overhaul. I am more and more convinced we would be best with a national healthcare system. The health insurance companies serve no purpose in providing better/more healthcare other than spreading cost risk. Insurance companies rather siphon off funds that could be used to great advantage

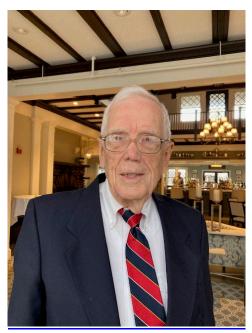
- 23. What would you like to learn about your classmates? I am most interested in: a) their experiences in their medical practice over the years b) their current lives and even what is an average day c)their current hopes and wishes d) their sincere regrets in choices made.
- 24. What further ideas, comments, thoughts do you have about your life and life in general? (limit response to one page single spaced). My life has been rich and rewarding beyond my fondest dreams. That is despite a difficult and failed marriage in the very early years. My present marriage for now 44 years has largely erased that previous pain and brought joy to each passing day. I treasure the family times, but they never meet my wishes for I always want more time despite their own busy lives. My many dear friends fill in much of the in between My life with regard to HMS has been fantastic in general. When I times. arrived in September 1954 for my first year, I wondered to myself over and over how did I ever get to be a student at this school and with this class. My classmates were such accomplished people including some with international recognition. My classmates became my friends and have continued so to this day. I am so proud of my classmates for all they have accomplished in medicine and plenty are accomplished in other additional fields. They have been a gift to the world. My three children have brought joy and sorrow. The two sons have been both very creative working with wood. The elder in new flooring including laying detailed patterns and the younger in designing and building wooden ships and receiving important awards. My daughter unfortunately found enjoyment in secretly sharing vodka in late teen parties. She later found that vodka did other things she liked. It relieved pain when life was troublesome. Her new panacea became a daily practice and then an all-day practice till it rotted her insides out at age 56. There was grief for me who felt helpless through that and a tragic lost life of a beautiful and brilliant woman. My own creative life has given me great enjoyment. My favorite hobby is baking bread many kinds of it. To get the many very different products from mixing water, flour and yeast is utterly amazing. It is a further pleasure for me to see others share in the loaves I have prepared. My other favorite hobby is repairing things. Complicated things bring a challenge to discern how they work and why not work at times. Restoring things like an antique ivory letter opener or a favorite clock gives me pleasure each time. There are so many "things" in our lives now that I have a never ending stream of repairs. Finally, I look forward to new joy in bringing our class back together more closely in these late years with this collection of autobiographical notes and hope it will renew many connections.

Mossman Philip plmossman@aol.com>

OAKLEY JOSEPH oakleyjc@gmail.com

IDENTITY

1. Photograph.



- 2. Joseph Oakley
- 3. oakleyjc@gmai.com
- 4. Living alone since Mary died February 15, 2021

5. My residence is a very pleasant cottage in a retirement center to which we moved eleven years ago. Our move was away from an also pleasant house where we had lived for 44 years. Mary's orthopedic problems dictated the move. We gained many new friends and considerable independence from house maintenance.

6. Further thoughts

RETROSPECTIVE

7. My goals were to stay married to one person (achieved), earn and enjoy a rewarding vocation (achieved), and have a family to whom we could provide satisfactory growth opportunities (also achieved).

8. Very satisfied. See 6 above.

9. My life was better because of good health, an enjoyable practice, and a family of which I was very proud.

10 Very. I was fortunate to be able to treat patients who desired to maintain good health and who looked to me to help them keep a very important of their own lives.

11.Very.

12. Although the medical education we received seems primeval in the light of current knowledge, we were able to learn a little each day and thereby stay pretty much up to date.. Yes, I believe that my choice wasbeneficial. I would certainly chose to be in medical/dental field. See 9. Above.

CURRENT LIFE

13.No paid work other than keeping close watch over a portfolio which, fortunately, helps pay the bills. Living in a retirement center offers opportunities to help others who suffer with locomotor or cognitive problems. And there's always golf. My vision is still good so I can still see the ball after a drivel. That may be only because I can no longer hit it out of sight.

14.1 am most satisfied

15. with being able to take care of myself. I exercise regularly. My diet is good. I can drive. Just renewed my license last week. I can hear well and enjoy conversations with friends.

16.At age 90, my contacts are mostly with persons younger than I and I regret the loss of many old friends. I wish I slept better, but I fear that happens to old men. I lament the loss of good old friends, especially my wife, Mary, with whom I enjoyed 65 years. Having three terrific children and ten equally terrific grandchildren makes up for some other losses. They have all graduated from college and are all working. None is in the medical field. And living here also gives me the opportunity to interact with contemporaries who are in the same boat.

HEALTH

17 -

- 18 At ninety, Creaky joints. AFIB. Minor retinal bleed. I can still get around. Living here with a group whose average age is well over 80, I feel pretty healthy. At our age, all of us suffer with mental, social, mobility, and memory problems. But we are usually able to continuing functioning.
- 19 Routine checks with my dentist, internist, ophthalmologist, cardiologist.
- 20 Except for warfarin, I take no medications.
- 21 I hear from the men and women I see that there is too much paper work for them to do and not enough time to be the doctor. I hope that other classmates will comment on this point.
- 22 Surely everyone will contribute much about their experiences and realized dreams. I'm looking forward to your reports and I thank Dave Satin for doing all he has done to make this happen.

24 - This is my chance to say that my experience with all of you at HMS helped me to grow in knowledge about medicine and wisdom about living in today's world. I only wish I could be 21 again and do it again. Not repeat the same life, but enjoy another rich life. Thanks to you all.

Patton Anthony <u>patton979@aol.com</u> Pearl Don <u>donpearl@msn.com</u> Porvaznik John <u>jporvaznik@aol.com</u>

RABINOWITZ SEYMOUR symarian@gmail.com

IDENTITY

1. Current photograph—passport size, jpg or pdf format



- 2. Name: Seymour Rabinowitz
- 3. Preferred e-mail address: <u>Symarian@gmail.com</u>

3a. Date of birth: March 18, 1932

4. Living arrangement (with spouse, child, alone, etc.). Describe My wife, Marian and I

5. Residence (Apartment, single home, older adult community, nursing home, etc.). live in an assisted living facility in Charlottesville, VA

6. Further thoughts:

Our children, Karen, Michael and Paul live nearby and visit often.

RETROSPECTIVE

7. What goals did you have for your life, and what do you think you achieved?

8. Looking back, how satisfied are you about your life (check one choice)?

Very $\sqrt{\text{somewhat fairly not very very disappointed}}$

8. What made your life better and what made it worse?

10.How satisfied are you with your career in medicine (check one choice)?? Very - great career somewhat fairly not very very disappointed

11. How satisfied are you with your medical education at HMS (check one choice)?? Very somewhat fairly not very very disappointed

12.Further thoughts, including would you choose a medical career again, and reasons:

CURRENT LIFE

13.What activities do you have now (including paid work, volunteer work, recreation, caring for others, community affairs, etc.)?

14.How satisfied are you about your life now (check one choice)? Very somewhat fairly not very very disappointed

15.What in your life brings you most satisfaction now? Seeing my children and grandchildren.

16.Further thoughts:

Life has been challenging with Parkinson's Disease, but I am doing my best.

HEALTH

17. How would you rate your overall health now (check one choice)? Excellent good fair poor terrible

18. What problems do you have now (physical health, mental health, social, mobility, memory, etc.)?

19. What health practitioners/programs do you see regularly?

20. How many medications do you take regularly (prescribed and over-the-counter)?

21. From your experience with your own health, what do think of our health care system (check one choice)? Excellent good fair poor terrible

22. Further thoughts:

IDEAS

23. What would you like to learn about your classmates?

24 What further ideas, comments, thoughts do you have about your life and life in general? (limit response to one page single spaced)

My years as a psychiatrist in private practice were very rewarding. It was a good career and experience.

Randall G Hubbard sonorhino@earthlink.net

RIESELBACH RICHARD rer@medicine.wisc.edu

IDENTITY

1 Current photograph-



- 2 Name: Richard E. Rieselbach
- 3 Preferred e-mail address: rer@medicine.wisc.edu
- 4 Living arrangement: With spouse Nina; We have been married for 66 years
- 5 Residence: Large apartment in retirement community in downtown Madison, Wisconsin
- 6 Further thoughts: Retirement facility accommodates many other retired faculty and has superb exercise facilities and many other activities.

RETROSPECTIVE

- 7 Goals: A productive academic physician with multiple pursuits and gratifying family relationships. All achieved.
- 8 Looking back: Very Satisfied

- 9 My life was made better by a partnership with my wife who raised our children and provided emotional support for me.
- 10 Very satisfied with my career in medicine.

11 Very satisfied with my medical education at HMS.

12 Further thoughts:

I would choose a medical career again and cannot envision a more rewarding vocation.

CURRENT LIFE

13 Current Activities: I am currently Board Chair and CEO of Successful Aging Inc., which is a Wisconsin 501(c)(3) corporation developing Accommodative Care Organization (ACO) partners to mitigate minority Medicare inequity.

14 How satisfied are you about your life now: Very satisfied with my current life

15 What in your life brings you most satisfaction now?

My greatest satisfaction is derived from relationships with my wife, three children and 6 grandchildren, as well as my role in Successful Aging Inc.

16 Further thoughts: Facing the challenge of a community project is an effective approach to combating the depression associated with aging.

HEALTH

17. My overall health for my age is now excellent.

18 Current well controlled problems 1) Type 2 Diabetes 2) Paroxysmal Atrial Fibrillation with pacemaker and 3) Spinal Stenosis

- 19 I am cared for by a Primary Care Physician, a Cardiologist and a Physical Therapist.
- 20 I regularly utilize six prescribed medications.

21. From my experience I believe our healthcare system is Excellent

22. Further thoughts:

Medicare is great if you can afford supplemental insurance.

IDEAS

23. What would you like to learn about your classmates I would like to learn about my classmates ideas regarding healthcare delivery and also learn about their career experiences.

24. Further comments:

As I look back upon major turning points impacting my professional life, the most prominent was the decision to transfer to HMS for my clinical years. After a successful two years at the University of Wisconsin School of Medicine, I recognized the importance of pursuing the most inspiring clinical years available, and was fortunate to gain admission to HMS. Clinical rotations at MGH, PBBH, BI and BCH provided an inspirational basis for my subsequent career in Nephrology, Academic Administration and then Health Policy.

Interaction with Dr. Bud Relman as an Attending at BCH ignited my interest in Renal Pathophysiology and Transplantation, ultimately pursued as faculty at Washington University and then my current 57 years at the University of Wisconsin School of Medicine and Public Health, currently as Professor Emeritus.

Following my years in research, teaching and departmental and campus administration, I turned to a career in Health Policy, based on my interaction with Dr. David Rutstein, with his stimulating lectures on Health Policy and the importance of integrating Preventive Medicine into healthcare. After a one year sabbatical on the staff of Senator Edward Kennedy, staffing the Senate HELP Committee, I had enhanced my interests in Geriatrics and Community Health Centers. This has served as a basis for my efforts in health policy, which have been directed toward mitigation of minority Medicare inequity via a new system of care in CHCs. I view my experience at HMS as a major factor in stimulating my career development regarding teaching, administration and a unique system of patient care to combat Medicare inequity.

Rogers Adrianne aerogers@bu.edu

ROOT ALLEN aroot3@jhmi.edu

IDENTITY

1. Photograph



- 2. Name: Allen W. Root, M.D.
- 3.E-mail aroots@jhmi.edu
- 4. Living arrangement I live alone in Tampa, Florida, in our family's home of 49 years.
- 5. Residence I live in a single family home in a gated community.

6. Further thoughts:

Retiring in 2012 after 39 years of tenured service to the University of South Florida College of Medicine during which I was assigned to the All Children's Hospital (St. Petersburg, FL) as Chief of the pediatric endocrinology unit (and its research laboratory) and for a limited time as Head of the USF service at that facility, I now work in the pediatric endocrine unit for the practice plan of the Johns Hopkins All Children's Hospital where I see patients one Wednesday each week. I go to JHACH on Tuesdays (to complete chart work, prepare the occasional lecture, and to "putter" on the computer) and Fridays (to attend Grand Rounds). In addition to the children with pediatric endocrine problems upon whom I consult, I also care for a number of adult patients with congenital adrenal hyperplasia or hypopituitarism whom I first met when they were children/adolescents and who are now in mid-life. My oldest such patient is a 60+ year old male with panhypopituitarism. (These patients also have primary care physicians, of course.) (On Tuesday and Wednesday I have lunch with my daughter, Jennifer Mayer, M.D., who is a pediatric oncologist at JHACH.)

RETROSPECTIVE

7. I never formally established goals to be achieved.

8. Very satisfied (except for the loss in 2016 of my dearly beloved wife Janet after 58 years of an ideal marriage from whose loss I have not completely "moved on.")

9. My personal life with spouse and three extraordinary children (all with MD degrees, one also with a Ph.D. and another with an MBA as well) could not have been happier; my professional life as a pediatric endocrinologist could not have been more rewarding - both academically and personally. I have had the privilege of helping to care for children with a diversity of pediatric endocrine challenges. My family is exceptionally supportive, kind, considerate, and caring.

10. See #9

11. I was very fortunate to attend Dartmouth College and Dartmouth Medical School (years 1 & 2). Thus, I only spent medical school years 3 & 4 at Harvard Medical School by which time the HMS'58 class was dispersed through its clinical rotations. Therefore, I did not have the opportunity to become close to a member(s) who spent four years at HMS - particularly the first two years when friendships are facilitated by the physical closeness of the students in classes, laboratories, and libraries.

12. Absolutely! I feel that being a physician is the absolutely best way to spend one's life BUT (sadly at the present time) only if one is financially independent. The "corporization" of medicine has made it terribly difficult for recent graduates to think of their medical activities, for the most part, as anything but a "job" rather than a "career of dedicated service."

CURRENT LIFE

Please see - Further thoughts (above).

13. I volunteer for the MAVEN group of retired physicians who provide consultative services for low income patients. I also give a few lectures on topics related to pediatric endocrinology. This is a very rewarding activity.

14. I am very satisfied, although I still mourn Janet's death on a daily basis. However, I have three wonderful children and their extraordinary spouses (prominent business woman, trauma surgeon, neurosurgeon) and seven great grandchildren, two of whom are entering medicine.

15. I feel fortunate to be able to participate in the activities cited and to spend time with the children and grandchildren. I spend several months in the summer in our vacation home in Margate, NJ, where I am surrounded by good neighbors and the boardwalk is close by as is Janet's burial site which I visit several times weekly. During recent summers for 1-2 weeks I have also visited Jennifer's family in its Canadian retreat on St. George's Island.

16. None.

HEALTH

17. My health is generally very good.

18. I have well controlled arteriosclerotic heart disease (ASHD) and glaucoma.

19. I see my primary care physician - yearly; cardiologist - twice yearly; ophthalmologist - twice yearly; dentist - twice yearly.

20. I take three medications in tablet form several times daily for management of ASHD; I take four liquid eye drops several times daily for management of glaucoma.

21. Good to excellent.

22. Further thoughts - none

IDEAS

23. I would be interested in learning about their present activities and families and thoughts, ideas, experiences that they may wish to share.

24. Being a physician, helping others, and examining scientific problems are absolutely the best way to spend one's professional life.

SATIN, DAVID G. David_satin@hms.harvard.edu

IDENTITY

1 Current photograph—passport size, jpg or pdf format



- 2 Name:Current: David G. SatinWhen at HMS if different: same
- 3 Preferred e-mail address: David_satin@hms.harvard.edu

4 Living arrangement (with spouse, child, alone, etc.). Describe With wife

- 5 Residence (Apartment, single home, older adult community, nursing home, etc.). Single family home
- 6 Further thoughts: Same person, same living arrangements for 60+ years.

RETROSPECTIVE

7 What goals did you have for your life, and what do you think you achieved?

Learn why people are the way they are, and to help them. Major goal of living a life with enough independence and self-determination that I could maintain myinterests, ideals and dignity. I chose medicine as my career because it offered this independence, and it has served me well. I have had the opportunities and resources to follow interesting work and avocational pursuits, and rarely found myself in intolerable circumstances. In addition I have achieved security, satisfaction, and respect. Not a bad life accomplishment.

- 8 Looking back, how satisfied are you about your life (check one choice)?
 √Very somewhat fairly not very very disappointed
 Though not perfect
- 9 What made your life better and what made it worse? The dignity and self-support of my vocation have given me security, satisfaction, and freedom. My family arrangements have been gratifying and reliable. Life confronts you with uncontrollable disappointments and nastiness—people, organizational frustrations, compromises. Fortunately, none of these have been catastrophic for me, and I have been able to separate myself from them and put them behind me.
- 10 How satisfied are you with your career in medicine (check one choice)??
 √Very somewhat fairly not very very disappointed
 Though not perfect

11 How satisfied are you with your medical education at HMS (check one choice)?? Very $\sqrt{\text{somewhat}}$ fairly not very very disappointed

12 Further thoughts, including would you choose a medical career again, and reasons:

I still think medicine was a good career choice, giving me the opportunity to help people. It also provided dignity, security, and freedom to shape my activities. It's hard to think of another career with the same benefits.

CURRENT LIFE

13 What activities do you have now (including paid work, volunteer work, recreation, caring for others, community affairs, etc.)?

Part time clinical work: adult and geriatric psychiatry Direct the Colloquium on the History of Psychiatry and Medicine Chair the annual Erich Lindemann Memorial Lecture on community mental health and social medicine.

Reading and online educational and cultural offerings Caring for my ailing wife and loving children.

14 How satisfied are you about your life now (check one choice)?Very√somewhatfairlynot veryvery disappointed

15 What in your life brings you most satisfaction now?

Interesting activities of my choice Lack of pressures/freedom of choice Security A continuing, caring family Maintaining adequate health so that I can function

16 Further thoughts:

HEALTH

17. How would you rate your overall health now (check one choice)?Excellentgood \sqrt{fair} poorterrible

18 What problems do you have now (physical health, mental health, social, mobility, memory, etc.)?

Chronic atrial fibrillation and congestive heart failure Benign prostatic hypertrophy Osteoarthritis Plantar fasciitis (intermittent) Presbyopia Presbycusis s/p adenocarcinoma of the lung Benign senescent memory impairment

19 What health practitioners/programs do you see regularly Primary care physician
Cardiologist and cardiac physician's assistant
Thoracic surgeon
Ophthalmologist
Optometrist Dermatologist Nephrologist Dentist Podiatrist (as needed)

20 How many medications do you take regularly (prescribed and over-thecounter)?

10

21 From your experience with your own health, what do think of our health care system (check one choice)?

 $\sqrt{Excellent}$ good fair poor terrible

22 Further thoughts:

I have been well served by my health carge professionals and my health insurance—technical skills, courtesy, and access, though nothing is perfect. I know that my experience is not universal—perhaps it is exceptional. It needs to be made universal.

IDEAS

23 What would you like to learn about your classmates? How people of like me feel and function at this stage of life. For instance, how much of their past identities remain in the remaining bodies at this age.

24 What further ideas, comments, thoughts do you have about your life and life in general? (limit response to one page single spaced) It's interesting to think about the relation of people's internal identities to their external identities, e.g. "How old are you vs how old do you feel?" And what influences the relationship between these two identities? For instance, I feel like what I would associate with a considerably younger age than my chronological age. Perhaps this betokens a young spirit, or perhaps a negative prejudice about aging. After all, I am a valid example of what a person of my age is like.

Schur Peter pschur@partners.org

IDENTITY

1, Current photograph—passport size, jpg or pdf format

2.Name: current Peter H. Schur When at HMS if different:

3. Preferred e-mail address: pschur@partners.org 3a. Date of birth: 5/9/33

4. Living arrangement (with spouse, child, alone, etc.). Describe With spouse in a house in Cambridge, MA

5.Residence (Apartment, single home, older adult community, nursing home, etc.). Single home

6. Further thoughts:

RETROSPECTIVE

7. What goals did you have for your life, and what do you think you achieved?

- 1. Be Professor of Medicine, Harvard ZMed School—Achieved
- 2. Do research on lupus that would help treatment—Achieved
- 3. Stay healthy, ride bikes, get married, have children—Achieved

8.Looking back, how satisfied are you about your life (check one choice)? Very somewhat fairly not very very disappointed

- 9.What made your life better and what made it worse? Better: loving daughters—loving wife #2 Worse—Forgetful=?brain damage
- 10. How satisfied are you with your career in medicine (check one choice)?? Very somewhat fairly not very very disappointed
- 11. How satisfied are you with your medical education at HMS (check one choice)?? \sqrt{Very} somewhatfairly not veryvery disappointed
- 12. Further thoughts, including would you choose a medical career again, and reasons:

Love medicine + think I had a good career—recently had my colleagues at BWH Through an event at my accomplishments—plus lots emails—+ over 200 letters from patients thanking me for my help.

CURRENT LIFE

13. What activities do you have now (including paid work, volunteer work, recreation, caring for others, community affairs, etc.)?

Just retired 1-31-2023—plan to clean up house, especially the stuff I brought from office. Read books.

- 14. How satisfied are you about your life now (check one choice)? √Very somewhat fairly not very very disappointed
- 15. What in your life brings you most satisfaction now? How I helped many patients
- 16. Further thoughts: Would do it all over again.

HEALTH

17. How would you rate your overall health now (check one choice)? Excellent good √fair poor terrible

18, What problems do you have now (physical health, mental health, social, mobility, memory, etc.)?

Macular degeneration R eye; atherosclerosis brain arteries; cor artery disease by angiogram—forget names of people

- 19, What health practitioners/programs do you see regularly?
 Eye including macular dgeneeration
 Neurology re forgetfulness
 Dermatology: cutaneous sarcoma melanoma
 Vascular: arterial (descending aorta) aneurysm c dissection—started
- 20. How many medications do you take regularly (prescribed and over-the-counter)? 10
- 21. From your experience with your own health, what do think of our health care system (check one choice)?

Excellent good √fair poor terrible

22. Further thoughts:

At my hospital (BWH) physicians working long hours, too much needs documentation in too little time. Epic gets worse—In my speech given on day I retired (over 1000 were there) suggested to MD's go on strike as they do in Europe 150 MD's can doctor.

IDEAS

23. What would you like to learn about your classmates? How are they—wht do they like doing—how is their health

24. What further ideas, comments, thoughts do you have about your life and life in general? (limit response to one page single spaced)



SOFFER RICHARD/Jaqueline Werner jlrwerner@comcast.net

After graduation from Amherst, Richard obtained an M.D. degree from Harvard Medical School in 1958. He then received post-graduate training for several years, vacillating between internal medicine and basic research in biochemistry and genetics before deciding to devote himself exclusively to biochemical research. His professional career was spent at the Albert Einstein College of Medicine and at Cornell University Medical School from which he retired in 1994 as Professor of Biochemistry and Medicine.

Richard enjoyed working with enzymes and his research was concerned with their identification, purification and biochemical properties. Among the enzymes that he and his students and Fellows characterized, his favorites fell into a widely distributed class that he called aminoacyl-tRNA-protein transferases. These enzymes provide a posttranslational mechanism for protein modification. He and his colleagues also purified and described L-triiodothyronine amino transferase, an enzyme involved in the metabolism of thyroid hormone, and L-proline dehydrogenase, the primary enzyme of catabolism for the amino acid, proline. Richard was also among the first to purify and characterize angiotensin-converting enzyme, and the interesting atypical testicular variant of it was discovered in his laboratory. Richard's group developed antibodies against converting enzyme and he was a major speaker at the symposium where, in 1977, Squibb scientists announced the structure of the first clinically useful chemical inhibitor. Although Richard always felt he had a terrible head for business, for once he was on target in this regard when he returned from the meeting and suggested that the drug would be a major antihypertensive agent and would achieve annual billion dollar sales.

Richard retired in 1994 to devote himself exclusively to his lifelong passion for birding and ornithological books. He enjoyed international birding greatly and traveled to numerous remote spots such as Halmahera, Madagascar and Sao Thomé to name just a few. However, he also relished the notion of concentrating his efforts on a small area over a long period. Thus it was that he examined the bird life over 20 years at Sherwood Island State Park in Connecticut near his home, and kept exhaustive, systematic computerized notes concerned with the almost 300 species that he found there.

In 1980, a birding trip to New Guinea stimulated Richard to become an ornithological bibliophile. He became a respected connoisseur of antiquarian ornithological books and served as an expert adviser in developing one of the world's important private collections. In addition, he accumulated his own more modest, but interesting library. He took pride and pleasure in preparing a meticulous catalog of his collection using modern principles of descriptive bibliography that he learned at the University of Virginia. Richard regarded his book collecting as a creative act and donated his collection to Amherst, where it resides today as the Richard L. Soffer '54 Ornithology Collection.

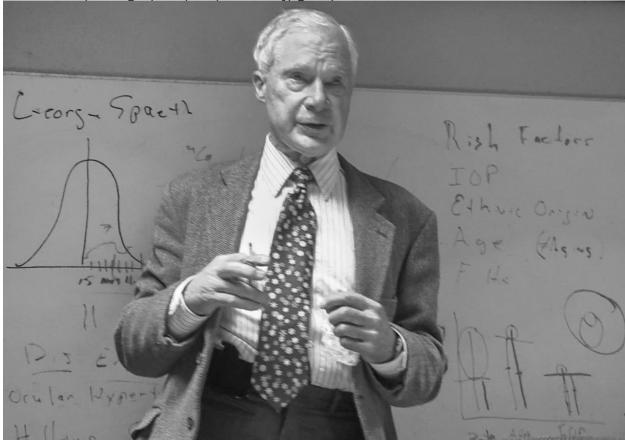
Richard's wife, the former Madeline Magzis whom he married in 1968, died in 2004. The couple had two children: a son, Philip, of Berkeley, California; and a daughter, Abigail, who died in 2005. Richard is survived by his son Philip, his daughter-in-law, Samantha Cooper, his grandchildren Aaron, Caroline and Josiah Soffer, and by his partner, Jacqueline R. Werner.

Sorokin Sergei rhoyt@bu.edu

SPAETH GEORGE

IDENTITY

1. Current photograph—passport size, jpg or pdf format.



- 2. Name: current *George Link Spaeth* When at HMS if different: *1954-59*
- 3. Preferred e-mail address gspaeth@willseye.org
- 4. Living arrangement (with spouse, child, alone, etc.). *I am widowed and live alone in the house where my wife and I lived since 1960, ad where we raised our family. I have a super study looking out on the garden, with 7, Three drawer, large file cases full of what I have been writing for 50 years, 99% of it unpublished.*
- 5. Residence (Apartment, single home, older adult community, nursing home, etc.). *Single Home. 15 Laughlin Lane, Philadelphia PA 19118-3614*

6. Further thoughts: *"Identity" ?? A powerful matter! I am not who I was when I was in Medical School, but there are continuities: medically I am a clinician, and though I am a "named professor", I am not an academic. BS = bullshit, MS = more shit and PhD = piled high and deep. I started becoming a person in about 1980, slowly, after our son asked me what kind of person I was. It was not until after he asked me that that I realized -1) I did not know who I was, and had never even thought about it, and 2) I had a challenge on my hands to become a person I could respect. _*

RETROSPECTIVE

- 7. What goals did you have for your life, and what do you think you achieved? *I was raised in a home that expected achievement. That Was not a goal, that was just the normal way of life. I was Phi Beta Kappa, Magna cum Laude, etc, and All- American Soccer player, but those were not achievements. They were just the result of talents give to me, for which I can take no credit, and habits given to me by super parents. The goal I worked hardest to achieve was to have Ann Ward become my wife. Then, later, the major goal was to become a better person. I have a long way to go still, but I have moved I think in the right direction. My CV lists 24 books, about 500 papers in referred journals, around 300 post-doctoral fellows, awards for research, teaching, mentoring, poetry, short story writing, etc. but I do not consider those achievements. I learned how to listen to patients well and cared for patients well. I am proud of that. I was lucky to have discovered a disease and its successful treatment: homocystinuria. It was discovering that and realizing that if I said "I don't know; let's try to find out" and then did try to find out I could make people's lives better.*
- 8. Looking back, how satisfied are you about your life (check one choice)?
 Very somewhat fairly not very very disappointed –
 Sorry, but this is not an answerable question. I do not ever want to be satisfied. If I were, I would stop trying to become better.
- 9. What made your life better and what made it worse? Better: learning how to become vulnerable and how to listen better. Worse: not listening well.
- 10. How satisfied are you with your career in medicine (check one choice) ?? Again, this is unanswerable. I loved working with students, trainees, patients good assistants, good committee members, editorial associates. And I found working with some students more difficult than successful, and so also for some trainees, assistants, etc. I tried to be creative and to change the way my colleagues practiced, and met with some successes and many failures. I found the emphasis on technology troubling and

the self-satisfaction of the medical profession disturbing. However, I was tremendously fortunate to be a physician and am very happy I am one.

Very somewhat fairly not very very disappointed

- 11. How satisfied are you with your medical education at HMS (check one choice)?? Very somewhat fairly not very very disappointed again, an unanswerable question. I was offered a surgical internship at the MGH and a medical internship at the Brigham, but wanted to get away from a place that really did think it was the best. Insufferable
- 12. Further thoughts, including would you choose a medical career again, and reasons: *I became a physician because I did not have enough courage or confidence that I could contribute meaningfully by becoming a poet or a composer, or that I could make a living as an artist. So, I took the easy course after an interview with Dr. Otto Krayer, in German when we talked about Goethe, Schiller, and Lorenz, and I thought "Wow, If this is what Harvard Medical School is about I want to come here!. It was of course, not what HMS was about. It was a fortunate decision to go to medical school, I suppose. I have had a wonderfully rewarding life and feel that I have in fact made the care of patients better, and have been financially secure. But would have It took me far too long to become a good husband or father or person, at least partially because most of my energies were consumed by medical teaching, research and patient care.*

CURRENT LIFE

- 13. What activities do you have now (including paid work, volunteer work, recreation, caring for others, community affairs, etc.)?
- I still teach (at Wills: the course related to Ethics, and The Glaucoma Fellows in a Monday AM conference,. I teach via Zoom, webinars and conferences internationally, I still have research projects going, some related to long-term follow-up of patients with glaucoma, utilizing some of the clinical methods I developed, such as my system of examining the anterior chamber angle and the optic nerve head (The Disc Damage Likelihood Scale) and The SpaethRichmanConstrast Sensitivity test (SPARKS). I still present at conferences. I am in close contact with about 20 of my post-doctoral fellows.
- 14. How satisfied are you about your life now (check one choice)?
- Again. I do not want to be satisfied, now, or ever. When I am "satisfied" that will eliminate any chance for growth. However, I am thrilled to be alive, working on my most ambitious book, my 25th (perhaps arrogantly over-ambitious) and happy that Moonstone Press is publishing a book of my poems this year and that my rendition of the 23rd Psalm is at least occasionally being sung in church services. I am thrilled to get emails from young ophthalmologists in Brazil or South Africa and elsewhere hoping I

can help them, to write letters of recommendation for Fellows being considered for awards etc. And I am excited when a 26-yearold woman wants to come to work with me on writing projects, and when she voluntarily makes a lovely website for me. And how wonderful that our daughter calls me at least twice a week, and our youngest son – who lives about a mile away – actually likes to be with me and share his profound thoughts about issues such as whether people have free will, and when the birds are at the feeders and the Welsh terrier who lives me wants to play or snuggle!

Very somewhat fairly not very very disappointed

15. What in your life brings you most satisfaction now?

Whatever I am doing.

16. Further thoughts: _

HEALTH

17. How would you rate your overall health now (check one choice)? good

Excellent good fair poor terrible

18 What problems do you have now (physical health, mental health, social, mobility, memory, etc.)?

1. I have a herniated disc that limits my walking, that makes my left thigh painful sometimes and worries me because I am not as vigorously active as I want and need to be

19. What health practitioners/programs do you see regularly?

My Primary care physician (an internist) and the dermatologist every sixth months or so. The ophthalmologist because I have the exfoliation syndrome, my intraocular pressure is above average and some day I may need treatment, my cardiologist about every 6th months for atrial fibrillation which thank goodness is quiescent on a small dose of amiodarone.

20. How many medications do you take regularly (prescribed and over-the-counter)? Amiodarone 3 times a week, fish oil, folic acid and pyridoxine for the exfoliation syndrome which is associated with minimal hyperhomocysteinemia, and a one-a-day multi vitamin.

- 21 From your experience with your own health, what do think of our health care system (check one choice)?
- Good if you can navigate it and care for yourself and know how to use it. Compared to other systems – economically a disaster – the fact that we have many people who can notget basic care (during pregnancy, neonatal, preventative etc,) because they can not afford it, is a disgrace. Our preventative services are bad – half the people in the US who have glaucoma never even get diagnosed!, Our treatments are very spotty: about ½ who do get diagnosed with glaucoma are terribly over tested and seriously overtreated and about 1/3 who get diagnosed are seriously over-tested and terribly undertreated. But the system is bad everywhere. It still does not focus on the most important considerations, specifically 1)having people take care of themselves well, and 2) making it possible for people to do that.

Excellent good fair poor terrible

22. Further thoughts:

IDEAS

23. What would you like to learn about your classmates?
1) How it can be that they value clinical practice so low,
2) why are they and almost all physicians unconcerned about a) having people care for themselves well and b) making that happen?
3) Why does it not bother them that the Hippocratic Oath requires sharing "one's knowledge freely with his brethren and with none other?"

24. What further ideas, comments, thoughts do you have about your life and life in general? (limit response to one page single spaced)

Few people in the world are well. Many can not be well because of the circumstances that surround them. Some of those in desperate circumstances are able to be well, but this is extraordinary. Many of those living in fortunate circumstances are not well, even though they could be. Unwell people make other people unwell. they make the world unwell,. Unwell people have led to the COVID Pandemic, to the Sixth Mass Extinction. To be well requires avoiding denial, being honest and aware, not thinking in dualistic terms (good/bad, high/ low, big/small, God/Devil, etc.) knowing that we know little, understanding that symbols such as words are but representations of the real thing and are never the same as "the thing itsef," seeing that evolution is taking us in a direction away from sustainable symbiosis, knowing the wisdom of a paraphrase of Donne's comment that "Any man's death diminishes me," the paraphrase being, "any living thing's unnecessary death harms every living thing," and then acting wisely. Some people in the world are becoming well. They are moving evolution in a direction more likely to lead to a better world. They are proper models. No one (no person, no god, not technology) can make anyone else well. The only person who can cause a person to be well is the person herself/himself/theirself. The Medical Profession and most "health-care" personnel have systemically made people worse, and the world worse by making it harder for people to care for themselves well, rather than facilitating that process.

Our single most important opportunity and responsibility is for each of us to become well, which necessitates facilitating that process for other living things.

Stanley John john.manel@verizon.net Starke Rodman rodstarke@gmail.com Stempien J H henryboop1@comcast.net Tichell Robert bobtichell@gmail.com Tingey William WHTingey@aol.com Todd Joseph jtodd1603@gmail.com Tollackson Kenneth KenAnnToll@aol.com

TRABITZ BARRY bdtrabitz@gmail.com

IDENTITY

- 1. No recent photo
- 2. Barry David Trabitz
- 3. <u>bdtrabitz@gmail.com</u>

4. Gayle Elkins we'd on 1 September 1957.

We have lived in our prawn home in Manchester CT for the past 57 years. A single family dwelling. We are still able to enjoy our home.

RETROSPECTIVE

7. Most of our 1958 goals were achieved by retirement in 1957. I had a satisfying practice, and Gayle had an excellent second career of her own. Together we created a life surrounded by our family and friends. We have 3 daughters who have successful marriages and careers independent of their spouses.

8.1 am mostly satisfied with my life.

9. Practice was gratifying until it became onerous. I never got used to Insurance MBA's telling what I could or could not do for patients in my surgical practice.

Family life is still very satisfying as Gayle and I watch our 5 grandchildren start on their adventures.

10.My career was for the most part satisfying, particularly once we formed a 3 person group

11. Yes my education at HSDM was very much a great foundation.

12. Further thoughts.

CURENT LIFE

13. Our lifestyle since retiring has been pretty much what we anticipated and prepared for.

14. As we age our circle of friends are becoming narrower and our physical abilities are not what they were.

15. We still enjoy traveling, road trips south, a little bridge, our town library, my photography, and golf though only 9 holes at a time.

HEALTH

17. Health is pretty good for my age.

18. Macular degeneration recently diagnosed. I wear hearing aids to compensate for long term deafness.

19. My GP sees me every 3 months to check my ac1 and upped my dose of

20. Metformin. ACTZ, Allopurinol, Tadalafil, Omeprazol, and Ocuvite round out the daily diet.

21. Our health care system is is awful and getting worse.

22. Hospitals are business enterprises and profit centers. Patient care does not figure in such a system other than an asset user. As a beneficiary of a single payer health care system I believe that the best hope for the patient care we were educated to deliver will be through Medicare for all. One can wish.

IDEAS

23. I would wish to know that my classmates continue to lead happy lives.

24. Finally: It has long been my belief that Government should only exist for the benefit of all its citizens. Laws that create a society of class advantages should not be passed and enforced.

Naive, I know but one can hope for one's grandchildren's sake.

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WINTER THORNE thornewinter@charter.net

IDENTITY

1. Current photograph—passport size, jpg or pdf



- 2.Name: Thorne Sherwood Winter, IIIWhen at HMS if different:3.Preferred e-mail address: thornewinter@charter.net
- 4. Living arrangement (with spouse, child, alone, etc.). Describe

I live alone. My lovely wife, Connie, died in 2016.

5. Residence (Apartment, single home, older adult community, nursing home, etc.).

For 58 years, I have lived in a single-family Georgian-style brick home in Vinings Village, GA on the banks of the Chattahoochee River, just outside the Atlanta city limits.

6. Further thoughts:

I have two living children and one deceased. I have six living grandchildren and one deceased. I have two great-grandchildren.

RETROSPECTIVE

7. What goals did you have for your life, and what do you think you achieved?

Since my first year at Duke University, I had wanted to be an MD. This was later changed to be an office-based/hospital internist with subspecialties in cardiology and hematology. I wanted to be a face-to-face physician spending as much time with a patient as needed.

I always scheduled patients to have their laboratory tests on the same day as their physical exam. That saved them an extra visit and allowed me to customize the tests they needed. Afterwards, I called them with their lab results, giving them time to further discuss their case. Then, I mailed the report as a follow up. Over the years, this system seemed to have worked well. I believe I have achieved my medical goal.

I hoped to raise a healthy and happy family. With Connie's great help, this part worked out fairly well. However, I regret that I was not able to spend more time at home – I missed many family dinners. But, I always attended their school and sports events.

- 8.Looking back, how satisfied are you about your life (check one choice)? \checkmark Very somewhat fairly not very very disappointed
- 9. What made your life better and what made it worse?

I had a very supportive wife and we both worked hard and played hard. We really enjoyed our activities together such as scuba diving, snow skiing, canoeing, camping in National Parks, and traveling throughout the world. In the last few years, my health has deteriorated and I have to use two canes or a walker. I no longer drive or do many of the things that I used to do.

My medical practice was very satisfactory for the most part. But, in the latter years of practice, things deteriorated. The issues were due to the increasing corporate influence, increasing number of ICD codes, and, for me, dealing with electronic medical records.

- 10. How satisfied are you with your career in medicine (check one choice)?? \checkmark Verysomewhatfairly not veryvery disappointed
- 11. How satisfied are you with your medical education at HMS (check one choice)?? \checkmark Very somewhat fairly not very very disappointed
- 12. Further thoughts, including would you choose a medical career again, and reasons:

I would choose a medical career again. Since I entered medicine, there have been steady improvements in patient care, especially since the onset of heart catheterizations in the mid-1960s and CT scans in 1972. Life expectancies for many groups may have increased by 30 years.

However, there have been several disappointing trends such as poor medical reimbursements, significant increase of ICD codes (from about 12,000 to 72,000), and an increase in corporate influence in medicine.

Further thoughts about my Harvard days include the satisfaction I had with my small study group comprising students from various schools. My fellow study mates (Elliott Miller, Bill Hood, and David Drum) and I met regularly with Bert Vallee and Warren Wacker of the Brigham Biophysics Laboratory. My first thought was that since none of us were from the northeast we were considered a remedial-type group. However, we may have been an HMS group that was being studied for the feasibility of the types of study groups that could be set up (and this type is still in use).

CURRENT LIFE

13. What activities do you have now (including paid work, volunteer work, recreation, caring for others, community affairs, etc.)?

Enjoy watching sports on TV (Atlanta Braves and the University of Georgia Bulldogs) Enjoy attending the theater, opera, and symphony productions Enjoy birdwatching from my kitchen window. I can easily identify at least 20 different species on a given day at my feeders. Eating meals with friends Traveling with friends Widely reading books and journals

Active in the following groups: Robert Burns Club of Atlanta (Past President) Civil War and WWII Roundtables Church Sunday School

14. How satisfied are you about your life now (check one choice)? Very somewhat fairly √ not very very disappointed

15. What in your life brings you most satisfaction now?

I thoroughly enjoy companionship with family and friends. I also enjoy reading an assorted and extensive list of books, environmental and nature magazines, and medical journals to stay current with new treatments and medications available.

16. Further thoughts:

I checked "not very" above because of my decreased mobility and the recent deaths of many close friends. Because of my difficulty with walking, I have limited physical activities now. That is disappointing to me since I have always been a physically active person.

HEALTH

17. How would you rate your overall health now (check one choice)? Excellent good √ fair poor terrible

18 What problems do you have now (physical health, mental health, social, mobility, memory, etc.)?

My current health conditions are as follows:

Mobility issues caused by right-sided L5/S1 disc degeneration and neuropathy in both legs. This impairs walking; thus, I use a walker much of the time. I had to give up driving which has limited my activities.

Angioplasty in May 2022 and have no cardiac symptoms now.

Diabetes, which is a likely cause of my neuropathy.

Periodic episodes of vestibular disfunction, but currently in remission.

Mental health: good condition.

- 19 What health practitioners/programs do you see regularly?
- Internist Cardiologist Ophthalmologist Urologist Neurologist Dermatologist Vestibular Specialist Sleep Medicine Specialist Dentist
 - 20 How many medications do you take regularly (prescribed and over-the-counter)?

Eleven

- 21 From your experience with your own health, what do think of our health care system (check one choice)?
- Excellent √ good/fair poor terrible
- 22 Further thoughts:

From a technology/research perspective, our health care system is Excellent.

From a system of delivery perspective, our health care system is fair. It is often difficult for patients to understand what is happening during their care process. Plus, medical costs and prices are expensive, and health care is limited in some rural areas.

IDEAS

23 What would you like to learn about your classmates?

Anything they want to share.

24. What further ideas, comments, thoughts do you have about your life and life in general? (limit response to one page single spaced)

Throughout my life, I have experienced several vignettes and made contributions to medicine. I am proud of my medical accomplishments and how they were the precursor and helped develop other programs in the future.

In my early years of practice, I was also the Assistant Director of Medical Education at Piedmont Hospital in Atlanta where I gave the first Cardiopulmonary Resuscitation (CPR) Course to the entire Nursing Staff (1967). This may have been the first CPR course in Atlanta. I also helped establish the first coronary care unit (CCU) at Piedmont. At that time, the death rate of patients with coronary artery disease admitted to Piedmont was 25%. The year following the CPR course and the new CCU, the number of coronary deaths dropped to 12%.

From 1961-63, I was a clinical associate at the NIH assigned to the Acute Leukemia Service under the direction of Dr. Emil Jay Freireich, who was considered a pioneer in modern clinical cancer research and later hailed "Father of Modern Chemotherapy." Dr. Freireich was a brilliant inspiring leader who felt we could not get remissions in leukemia patients unless we could get rid of all leukemic cells. However, the normal cells would also be affected by the therapy. The program he developed was so radical no other institution would accept it; but, children were able to develop complete remissions. His program was intensive but successful. We gave 4 different drugs 4 weeks apart for 4 times.

In addition to my clinical work at NIH, I spent half my time in the laboratory working on several projects. I found a second substrate (Hydroxyurea) for the enzyme urease, and the research was later published in the Journal of Biochemistry with the assistance of another physician. At NIH, I also discovered the mechanism of resistance of leukemic cells to the drug 6-Mercaptopurine.

In 1970, I admitted the first patient to Northside Hospital in Atlanta, and I admitted many more over my years of private practice.

Dr. Emil J. Freireich went from NIH to work at MD Anderson Hospital, TX. John Mendelson (one of my interns at the Brigham) went from the Brigham to work at MD Anderson, where he eventually became its President. In 2015, I took a course in leukemia at MD Anderson Hospital. While there, I spent the afternoon with Dr. Mendelson and the evening with Dr. Freireich. When the three of us got together later, I found out that I had been instrumental in creating Dr. Mendelson's interest in leukemia. It seems I had been a connecting link.

Advice to new doctors: Do your best at medicine and have a family. Find your balance between the two. Enjoy your family, and work hard but don't burn yourself out.

ADDENDUM to HMS58 65th Yearbook Thorne S. Winter, III MD

This addendum to my previous submittal for the HMS58 65th Yearbook covers three non-medical areas: personal stories, military connections, and hobbies/travels.

Personal Stories:

I was born on December 7, 1932 in Greenville, South Carolina and am of Scottish descent on my father's side. We moved to Atlanta, Georgia in 1939, and, except for medical school and training, have lived here ever since. I attended E. Rivers Grammar School and North Fulton High School in Buckhead, where I was a member of the National Honor Society and a four-year participant in varsity football and track. I was an active Boy Scout, achieved Eagle Scout, and was a member of the Order of the Arrow. In high school, I had a 5-year grade point average of 97 and a Senior year average of 98. I attended Duke University and was elected to membership in several groups including Phi Beta Kappa and Beta Omega Sigma scholarship societies and the Omicron Delta Kappa leadership society. I was a member of the Alpha Tau Omega social fraternity.

Some pre-med students were applying for medical school after 3 years of college, and I decided to do the same. I was accepted at Harvard (1st choice). There were three reasons I chose to attend Harvard: (1) Reader's Digest had an article saying that Harvard Medical was the best medical school, based on an article in the US News and Report; (2) most of the history and literary books I read in high school were printed in Boston so I was familiar with the name of the city; (3) the Boston Red Sox was my favorite baseball team and Ted Williams was my favorite player. I did see him play when I was in practice later.

Connie and I had strong ecological interests and studied several different environments. We participated in the Sea Turtle Project on Little Cumberland Island and slept on all the Georgia Barrier Islands. We traveled to and were interested in a portion of the Costa Rican Rain Forest that is used for environmental research and education. We also spent a lot of time hiking and protecting an ecologically sensitive and historical area of the north Georgia highlands. I gave talks on the rainforest and the Georgia coast to different groups.

Military Connections:

I have strong military attachments. In Kindergarten, I participated in a "Peace Parade" by pulling a wagon along with a sign stating "Peace." I saw bi-wing planes fly overhead so I suspected that the kids were being used to help prevent WWII. The attack on Pearl Harbor happened on my birthday. I made a scrapbook of WWII events/pictures and American Citizenship. I collected paper and waste metal for the war effort. I also collected lightning bugs to be studied to see what makes them light up (luciphernase, a light-producing enzyme naturally found in insect fireflies.)

In high school, I was a Cadet Captain in the Army ROTC. I began Duke on a Naval ROTC scholarship during the Korean war. During the summer after my freshmen year, I crewed on the USS

Battleship Wisconsin (#64). We visited Scotland, France, and Guantanamo Bay, Cuba. I was involved in most of the ship's operations. I steered the battleship, holystoned the decks, painted the bilge, and cleaned the floor of the gun mount of the 16" rotary-mount cannon. My battle station was the loader for the 5" cannon (position #5) on the starboard side.

As I was sitting on the ship's deck one day, I watched several sailors reading big little books and racing small cars on the deck. I got to thinking about my future. My physics major had been delayed due to my late start in math; I did as well or better as my pre-med major friends; I enjoyed chemistry, and the thought of medical school was intriguing. I had a 3-year naval commitment following college. I explored dropping out of the ROTC Program and becoming a pre-med major. After arriving back at Duke for my sophomore year, I asked my Commanding Officer if I could drop ROTC. He was very kind and said I was one of his best students. However, he knew that becoming a doctor was a good choice and he granted my request to drop ROTC. I applied for medical school after 3 years of college.

One summer, I took a job at Lockheed Aircraft Company (Marietta, GA) as an Industrial X-ray technician; one of my tasks was to look for cracks in the spot wells or pours of the metal castings of the C-130 (military transport aircraft). The C-130 is still being made after all these years.

After medical school, I served 2 years in the US Public Health Service at National Institute of Health/National Cancer Institute doing research in acute leukemia.

In the mid-1990s, I went on an Explorers Club Expedition to Butaritari (a small coral atoll in the middle of the Pacific Ocean). We reached it by sailing on a native-built sailboat with a native crew for a 200-mile journey from the larger island of Tarawa. In August 1942, this was the site of Evan Carlson's Marine Raider Battalion raid on the Japanese. We had been told this was one of the loveliest coral reefs and we went to find out what had happened to it after being bombed during the war. We were not told that the marines had to leave the island while leaving some of their dead behind. While there, we found some evidence that marines had been buried on the island, but the bodies had never been located. We sent the information to the Marine Corps who sent a full team to explore and found the bodies of 19 marines. Connie and I were blessed to attend their formal burial at Arlington Cemetery in August 2001.

Hobbies/Travels:

Connie and I had a long and happy life together participating in various outdoor activities, such as snow skiing out west, scuba diving (over 100 dives), canoeing most of the wild rivers in North GA, camping in National Parks throughout the 48 CONUS states, visiting civil war battlefield sites in the southeast, attending Explorer Club events and conventions in New York City, and traveling to Rose Society Conventions in the US and abroad to support Connie's hobby of rose growing and judging. We also enjoyed traveling to unique places around the world. Favorite overseas trips included several trips to a Costa Rican old growth rainforest, New Zealand, Galapagos Islands, Bonaire, Egypt, Tanzania wildlife preserve, England, Scotland, Germany, France, WWI and WWII battle sites, and an European river boat cruise from Amsterdam to Prague. We enjoyed our two sailing trips as crew to Ted Turner and his team on an America's Cup sailboat (*American Eagle*), though not during an actual America's Cup race. We raced in Montego Bay, Jamaica and Nassau Bahamas.

I am still (or were) active in many organizations. I am still active in and a Past President of the Burns Club of Atlanta, which is Atlanta's oldest cultural association and has a house that is an exact replica of Robert Burns' cottage birthplace. Membership in other non-medical organizations include The Buckhead Boys (inducted as an Honoree in 1993), the Capital City Club, the Explorers Club, the Saint Andrew's Society, the Old Guard, the Society of the Antiquaries of Scotland (Fellow), the Atlanta and Cobb County Civil War Round Tables, the Sons of the American Revolution, the Sons of the Confederate Veterans, the Rocky Mountain Traumatologic Society (Past President), and a member of the Peachtree Presbyterian Church. In my younger days, I obtained my Private Pilot's License as well as climbed Mt. Rainier in WA. I love reading historical, science, and mathematical books, nature and medical journals, and the daily newspaper.

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QUANTITATIVE OPINIONS

8. SATISFIED WITH YOUR PAST LIFE

Very 17 Somewhat 4

10, SATISFIED WITH YOUR CAREER IN MEDICINE

Very 13 Somewhat 4

11. SATISFIED WITH YOUR HMS EDUCATION Very 12

Somewhat 5 Fairly 1

14. SATISFIED WITH YOUR LIFE NOW

Very 17 Somewhat 6

17. CURRENT HEALTH

Excellent 4 Good 6 Fair 8

19. NUMBER OF HEALTH PRACTITIONERS BEING SEEN

One3Two3Three1Four7Five2Nine1

20. CURRENT MEDICATIONS

2 One Two 3 Three 1 3 Four Five 1 Six 3 2 Ten Twelve 1 Fourteen 1

21. HEALTH CARE SYSTEM

Excellent	3
Good	4
Fair	3
Poor	3
Terrible	1